

Sexual Health Services in Canterbury

Listed below are some of the options for sexual health services available in Canterbury.

Greater Christchurch

<p>298 Youth Health Centre Free GP service including mental and sexual health services for young people 10 to 24 years.</p>	<p>1/25 Churchill Street – off Bealey Avenue 03 943 9298 Text for appointments 022 0812 991 298.org.nz www.facebook.com/298YouthHealth</p> <p><i>Office hours</i> Monday to Friday 9.30am to 5pm.</p> <p>Clinic hours vary.</p>
<p>Family Planning Christchurch Provide a sexual health and reproductive health service. Free visits for those 22 years and under, \$35 for those over 22 without a Community Services Card. Appointments essential – except for drop-in clinics.</p>	<p>9 Washington Way 03 379 0514 www.familyplanning.org.nz/clinics/christchurch</p> <p><i>Office hours</i> Mon, Tues, Wed and Fri 8am to 5pm Thursdays 8am to 7pm Saturdays 9am to 1pm.</p> <p><i>Drop-in clinic hours</i> Mondays 1 to 4pm. Tuesdays and Wednesdays 1.30 to 4.30pm Thursdays 2.10 to 4.30pm Fridays 10am to 2pm.</p>
<p>Kingdom Medical Centre Provides general medical and sexual health services by appointment only.</p>	<p>413 Cashel Street 03 982 0168 www.kingdomclinic.co.nz</p> <p>Monday, Tuesday and Thursday 9am to 5pm Wednesday and Fridays 9am to 1pm</p>
<p>Moorhouse Medical Centre Offers general medical and sexual health services by appointment only.</p>	<p>3 Pilgrim Place 03 365 7900 www.moorhousemedical.co.nz</p> <p>Monday to Sunday 8am to 8pm, including public holidays</p>
<p>NZ Aids Foundation South Te Toka Centre Provides sexual health counselling and free STI and HIV testing. Phone ahead for an appointment.</p>	<p>185 Peterborough Street 03 379 1953</p> <p>Mon, Tues and Thurs 8.30am to 4.30pm Wednesdays 10.30am to 6.30pm.</p>
<p>Pegasus Health</p>	<p>Various locations around the city.</p>

Canterbury

District Health Board
Te Poari Hauora o Waitaha

Free sexual health visits for those under 21 by appointment only.	www.pegasus.org.nz/
Piki Te Ora Health Centre Union and Community Health Centre Free general medical and sexual health services for under 18s. Appointments essential.	201 Linwood Avenue 03 381 8048 www.pikiteora.org.nz Monday to Friday 8.30am to 5pm
Public Health Nurses Run free clinics in most intermediate and secondary schools. Provide free condoms and emergency contraception, pregnancy tests and sexual health advice.	Burwood Hospital 03 383 6877 Monday to Friday 8am to 4.30pm
Sexual Health Clinic Offers free sexual health assessment, treatment advice and counselling. Appointments essential.	314 Riccarton Road 03 364 0485 www.cdhb.health.nz/health-services/christchurch-sexual-health-service Mon, Tues, Thurs, and Fri 9.10am to 5pm Wednesdays 11am to 7.30pm
Nurse Maude School-based nursing service Provide services (including sexual health) in low decile secondary schools, as well as alternative education settings and teen parent units in Christchurch.	03 375 4200 Monday to Friday 8am to 5pm

Rangiora and Kaikoura

Family Planning Rangiora Provides a sexual health and reproductive health service. Free for those under 22, \$5 for Community Service Card holders and \$32 for others. Appointments essential.	15 Durham Street 03 313 6697 www.familyplanning.org.nz/clinics/rangiora Thursdays 9am to 6pm
Public Health Nurses Rangiora Run free clinics in most intermediate and secondary schools. Provide free condoms and emergency contraception, pregnancy tests and sexual health advice.	03 311 8665 Monday to Friday 8am to 5pm
Kaikoura Healthcare Free sexual health service for those under 22, including emergency contraception. Charge at doctor's discretion for those over 22.	Deal Street 03 319 5040 www.kaikourahealthcare.co.nz Monday to Friday 8.30am to 4.30pm
Public Health Nurses Kaikoura Run free clinics in most intermediate and secondary schools. Provide free condoms and emergency contraception, pregnancy tests and sexual health advice.	03 319 5125 Monday to Friday 8.30am to 5pm