AVOIDING LEGIONNAIRES’ DISEASE WHILE GARDENING

It is great to be out in the garden. It’s also important to take care of yourself when handling potting mix and compost to prevent Legionnaires’ Disease.

Here are five easy things you can do:

1. Wear a well-fitting mask and gloves before starting work.
2. Open any bags carefully by using scissors to cut off the top.
3. Reduce any dust by spraying some water into the bag.
4. Work in a well ventilated area – preferably outdoors.
5. Wash your hands thoroughly after handling potting mix or compost and before touching your face or removing the mask.

FIND OUT MORE AT CDHB.HEALTH.NZ/SAFEGARDENING