

Persimmons

Choose

- Firm, bright orange unblemished fruit.
- Choose persimmons that are hard.



Store

- In a plastic bag in the fridge if you like to eat them crisp.
- In the fruit bowl at room temp if you like them softer.

Prepare

- You can eat them hard like an apple or softer like a peach.
- No need to peel them.
- Cut in half and remove the leafy bit on the top.
- Cut into wedges.
- It is also possible to just eat like an apple.

Serving ideas

- The orange colour looks great in fruit salads, on fruit kebab sticks.
- As a colourful component on cheese platters, fruit platters.
- Serve slices of persimmon and kiwifruit with gourmet yoghurt and biscotti.

