



**Kua huri ki te 4  
tau te pakeke?**

*Me whiwhi i tōu B4 School Check kore utu!*

Ngā pārongo mā ngā

**Mātua** me ngā  
**Kaitiaki**

# He aha te B4 School Check?

**Kāore he utu o te B4 School Check mā ngā tamariki e 4 ki te 5 tau te pakeke i Aotearoa, ā, koinei te tirotiro Tamariki Ora whakamutunga.**

He whakaaro pai kia whiwhi tāu tamaiti i tōna B4 School Check i muri tonu i tōna huritau tuawhā.

Ko te Tirotiro he āheinga mōu ki te kōrero ki tētahi nēhi mō tāu tamaiti me te pātai atu mō ngā mea whai tikanga ki a koe - ā, kāore he paku utu. Ka whakamātautauria hoki ngā kanohi me te rongu o tāu tamaiti.

Whai muri iho i te tirotiro, ka taea e koe te whiwhi tētahi kape o ngā hua.



# Ka aha i te B4 School Check?

Ka tonoa koe ki te whakakāi i ētahi uiui mō te whanaketanga me te toiora o tāu tamaiti.

Mēnā e haere ana tāu tamaiti ki tētahi kura kōhungahunga, kōhanga reo rānei, ka pātaitia pea rātou mō te akoranga me te whanaketanga o tāu tamaiti.

Ka hui kōrua ko tāu tamaiti ki tētahi nēhi, e 45 miniti te roa. Ka taea e koe te kōrero ki te nēhi mō te toiora o tāu tamaiti me te pātai atu mō ōu āwangawanga.

## **Ka kōrero te nēhi ki a koe mō:**

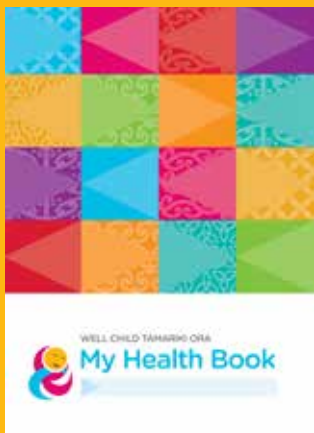
Te hauora me te whanaketanga o tāu tamaiti, ngā niho, te teitei, te taumaha, te toiora pāpori me te toiora hinengaro, ngā rongoā āraimate hoki.

Ka whakamātautauria ngā kanohi me te rongo o tāu tamaiti e tētahi pūkenga kanohi me te rongo, ā, ka rerekē pea te wā whakamātautau.



# Ka aha whai muri i te B4 School Check?

Whai muri iho i te tiro tiro, ka taea e koe te whiwhi tētahi kape o ngā hua, me te tuku atu i ētahi atu pātai mō te hauora me te



whanaketanga o tōu tamaiti.

Tēnā, haria mai tā tōu tamaiti *Well Child Tamariki Ora Health Book*, kia taea ai e te nēhi te tuhi i te tipuranga me te whanaketanga o tōu tamaiti.

Mēnā kei te whakaaro koe, te nēhi rānei he take hauora, whanaketanga rānei o tōu tamaiti kia aromatawaitia anō, ka whakawhiti kōrero te nēhi ki a koe me te tono kia tukuna koe ki ētahi atu ratonga ka āwhina pea. Ka taea hoki e te nēhi te āwhina mēnā kāore anō tōu tamaiti kia whiwhi i ētahi rongoa ārai mate.



[nz/b4schoolcheck](https://www.nz/b4schoolcheck)

# Ka pēhea te whiwhi a tāku tamaiti i te B4 School Check?

Kia eke ki te 4 tau tāu tamaiti koirā te wā tika mō te B4 School Check. He nui te wā ki te tiro tiro anō i a ia i mua i tāna tīmata i te kura. Mō ētahi atu kōrero, ki te tāpui rānei i tētahi tiro tiro whakapā atu ki tōu kaiwhakarato ā-rohe.



## Mō ētahi atu kōrero mō te B4 School Check kore utu:

- **Whakapā atu:**

- **Kōrero** ki tōu tākuta ā-whānau, nēhi rānei, ki tōu kaiwhakarato Tamariki Ora, tētahi nēhi hauora tūmatanui rānei
- **Haere ki** [health.govt.nz/b4schoolcheck](https://health.govt.nz/b4schoolcheck)
- **Waea atu ki tōu kaiwhakarato ā-rohe**

**Tāmakimakaurau:** 0800 104 105

**Kei waho o Tāmakimakaurau:**

0800 933 922



**Te Kāwanatanga  
o Aotearoa**  
New Zealand Government

**Te Whatu Ora**  
Health New Zealand