



My baby will be Māori and smokefree

Mehemea e pai ana te
whenua e pai hoki ngā huaa
If the land is well,
the fruit will be good too.

For advice and support talk to your health professional,
call the Quitline 0800 778 778 or visit www.quit.org.nz



This resource is available from www.health.govt.nz
or the Authorised Provider at your local DHB.
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