



When's the best time to make sure they're immunised? How about today?

The best way to protect your precious little ones from some very serious, but preventable, diseases is to immunise them. **It's free.** Make sure you immunise them on time, every time. Talk to your doctor or nurse and be sure they're up to date. For more information, visit **health.govt.nz/immunisation** or call **0800 immune (0800 466 863)**.

immunise