

USEFUL RESOURCES

The Pink Pages

A Gay, Lesbian, Bisexual, Intersex and Transgender Directory of Queer and Queer Friendly Services in Otautahi, Christchurch. Produced by Pink Health Otautahi and Community & Public Health. Free Copies available at Community & Public Health, 310 Manchester Street or NZAF South Te Toka at 185 Peterborough Street, P O Box 1475, Christchurch 8140 Phone: (03) 378 6755

OUTline NZ

National confidential telephone counselling and information service for the gay, lesbian, bisexual, transgender and takatāpui community. Skype counselling also available. Mon-Fri 9am to 9pm and Sat-Sun 6pm to 9pm. Phone: 0800 OUTLINE (688 5463) Email: interns@outline.org.nz Website: www.outline.org.nz

Express Magazine

New Zealand's magazine of gay expression. Available free at NZAF South Te Toka, 185 Peterborough Street, Christchurch

Lifeline New Zealand

24 Hour Counseling Service.
Phone: 0800 543 354 Website: www.lifeline.co.nz

USEFUL WEBSITES

www.qtopia.org.nz
www.ry.org.nz
www.nzaf.org.nz
www.theword.org.nz
www.justthefacts.co.nz
www.youthline.co.nz
www.thelowdown.co.nz
www.outline.org.nz
www.loveyourcondom.co.nz
www.youthlaw.co.nz
www.gaynz.com
www.agender.org.nz
<http://my.christchurchcitylibraries.com/dr-g/>
(go to Dr G to have your questions about sexuality and relationships answered online or to your personal email)

USEFUL SUPPORT

RAINBOW YOUTH

Rainbow Youth is an Auckland-based organisation that provides support, information, advocacy and education for queer young people and their families. Phone: (09) 376 4155
Email: info@rainbowyouth.org.nz
Website: www.ry.org.nz

GLBTQ

YOUTH SUPPORT

Looking for a list of Gay, Lesbian,
Queer and Transgender
Youth Support Agencies?

TRANSGENDER
QUEER
takatapu
FA'AFAFINE
lesbian
INTERSEX
bisexual





LOCAL YOUTH SUPPORT GROUPS AND CENTRES

Q-topia

Q-topia is a social support group for gay, lesbian, bisexual, transgender, intersex, takatāpui, fa'afafine and all queer youth (or youth who are questioning their sexual identity) aged 14-25 in the Canterbury region.

Address: 301 Tuam Street, Christchurch

Phone: 021 175 3631

Email: facilitator@qtopia.org.nz

Website: www.qtopia.org.nz

Facebook: search "Q-topia" on Facebook

Phoenix

Gender support network for young people.

Phone: 021 175 3631

Email: facilitator@qtopia.org.nz

Website: www.qtopia.org.nz

298 Youth Health Centre

298 provides free, accessible, confidential medical and mental health care for 10 -25 years olds in the Christchurch area. Very GLBT friendly.

Address: 298 Barbadoes Street

Phone: (03) 943 9298 or 022 081 2991(text only)

Email: admin@298.org.nz

Facebook; Search "298 Youth Health" on Facebook

NZ AIDS Foundation South Te Toka

Free, professional and confidential counselling available to all gay and bisexual men and couples, and to any people affected by HIV and their significant others.

Address: 185 Peterborough Street

Phone: (03) 379 1953

Email: contact.tetoka@nzaf.co.nz

Agender NZ

Agender NZ is a support and lobby organisation for transgendered people, including their families, friends and co-workers.

Phone: 021 720 594 or (03) 3270 156

Email: agendernzinc@xtra.co.nz

Website: www.agender.org.nz

The Sexual Health Centre

We aim to provide a quality service for everyone who has concerns about their sexual health. This includes confidential and free testing, treatment, counseling and information. A gay friendly professional environment.

Phone: (03) 364 0485

Mobile: 027 212 7335 (phone or text)

Email: shc@cdhb.govt.nz

Youthline- Central South Island

Youthline provides telephone, text and email support for young people and others who live or work with them. Youthline offers young people the space to be listened to in a non- judging environment.

Phone: Counseling Line: 0800 37 66 33

Office: (03) 379 4795

Email: talk@youthline.co.nz

Free Txt: 234

Website: www.youthline.co.nz