

Community Health Information Centre (CHIC) Newsletter

Canterbury

District Health Board

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New Resources

	<p>MNH022 Coping with a Traumatic Event Sheet</p> <p>MOH</p>
	<p>MNH0228 Advice on supporting your kids after a traumatic event Sheet</p> <p>MOH</p>

Revised Resources

	<p>ADH0021 How to get heard Pamphlet</p> <p>MHF – Updated for 2018.</p>
	<p>MEH0001 Men and Depression Pamphlet</p> <p>MHF – Updated for 2018</p>
	<p>MNH0025 Stress and how to handle it Pamphlet</p> <p>MHF – Updated for 2018</p>
	<p>MNH0026 Borderline Personality Disorder Pamphlet</p> <p>MHF – Updated for 2018</p>

Order CHIC resources online from: www.cph.co.nz/order-resources/

View or order the new resources available from CHIC: www.cph.co.nz/resource_list.php?mc=999

	<p>MNH0028 Anxiety and how to handle it Pamphlet</p> <p>MHF – Updated for 2018</p>
	<p>MNI0006 Postnatal Depression Pamphlet</p> <p>MHF – Updated for 2018</p>
	<p>SAF0121 Meet the Bugs Pamphlet</p> <p>MPI – Revised February 2019</p>
	<p>WOH0139 Period pain, endometriosis, pelvic pain Pamphlet</p> <p>Formerly “Period pain, pelvic pain and other symptoms” NZ Endometriosis Foundation – Updated for 2018</p>
<p>Deleted Resources</p>	
	<p>HYG0010 Take care of your Teeth A3 Poster – HE1712</p> <p>MoH – No longer in print</p>
	<p>MNH0070A It's all right to feel a little blue A3 Poster</p> <p>All Right?</p>
	<p>SEH0004 Talking with your teenager Leaflet – HE1794</p> <p>MoH – No longer in print</p>
	<p>WOH0085 Breech Birth Leaflet – HP3860</p> <p>MoH – No longer in print</p>

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Awareness Dates	Useful Websites
April Paenga-whāwhā	
2 World Autism Awareness Day	www.autism.org.nz
7 World Health Day	www.who.int/campaigns/world-health-day/world-health-day-2019
17 World Haemophilia Day	www.wfh.org/en/whd
22 World Earth Day	www.earthday.org/campaigns/
25 World Malaria Day	www.who.int/malaria/en/
25 Anzac Day	
28 World Day of Safety and Health @ Work	worksafe.govt.nz/
29 – 5 May Immunisation Week NZ	www.hpa.org.nz/programme/immunisation
<i>CHIC may not stock resources for featured awareness days.</i>	

Find the latest editions of the Healthy Nibbles series online: www.cph.co.nz/your-health/healthy-nibbles/

STOCKLIST

The latest version is now current until July 2019.

Order a copy by fax or email, or download from our website.

***From the Community Health Information Centre (CHIC) Staff
Free Health Resources. Supporting active and healthy lifestyles.***

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