

Community Health Information Centre (CHIC) Newsletter

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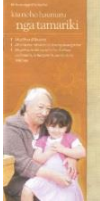



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Issue 97 – January 2019

New Resources

	<p>MNH0222 Depression.org.nz Card HPA</p>
	<p>MNH0223 Just Ask, Just Listen Pack – contains four A5 Flyers HPA</p>
	<p>MNH0224 Just Ask, Just Listen A3 Poster Set – contains 4 posters HPA</p>
	<p>MNH0225 Just Ask, Just Listen A2 Poster Set – contains 4 posters HPA</p>
	<p>MNH0226 Just Ask, Just Listen Pack – contains 24 tip cards HPA</p>
	<p>OLP0013 Super Seniors Flyer MSD</p>

Revised Resources

 <p>Switch to Water: Feel the difference</p>	<p>NUT0103 What are sugary drinks doing to your body? A3 Poster</p> <p>Actual title now “Switch to water: Feel the difference”</p> <p>NZ Dental Association – Updated 2018</p>
 <p>Switch to Water: Benefits of drinking water</p>	<p>NUT0105 Benefits of drinking water Sheet</p> <p>NZ Dental Association – Updated 2018</p>
 <p>Switch to Water:</p>	<p>NUT0106 Hydrate yourself with water Sheet</p> <p>Actual title now “Switch to water: Avoid tooth decay and excess calories by switching your sugary drinks to water”</p> <p>NZ Dental Association – Updated 2018</p>
<h2>Deleted Resources –No longer in print</h2>	
 <p>MAH0055 Everyone had a role in keeping kids safe – Te Reo Māori</p>	<p>Pamphlet</p> <p>MSD</p>
 <p>FRESH NZ GROWN VEGES FOR...</p>	<p>NUT0066 Fresh NZ Grown Veggies for.... A3 Poster</p> <p>Vegetables</p>
 <p>Switch to Water: water only school</p>	<p>NUT0104 Water only school Sheet</p> <p>NZ Dental Association</p>
 <p>PAP0147 Everyone had a role in keeping kids safe – Samoan</p>	<p>Pamphlet</p> <p>MSD</p>

Order CHIC resources online from: www.cph.co.nz/order-resources/

View or order the new resources available from CHIC: www.cph.co.nz/resource_list.php?mc=999

<i>Awareness Dates</i>	<i>Useful Websites</i>
<p>February Hui-tanguru</p> <p>Aotearoa Bike Challenge</p> <p>2 World Wetlands Day</p> <p>6 Waitangi Day</p> <p><i>CHIC may not stock resources for featured awareness days.</i></p>	<p>www.lovetoride.net/nz</p> <p>www.doc.govt.nz/worldwetlandsday</p>

Find the latest editions of the Healthy Nibbles series online: <https://www.cph.co.nz/your-health/healthy-nibbles/>

STOCKLIST

The latest version is now current until April 2019.
 Order a copy by fax or email, or download from our website.

*From the Community Health Information Centre (CHIC) Staff
 Free Health Resources. Supporting active and healthy lifestyles.*