

Community Health Information Centre (CHIC) Newsletter

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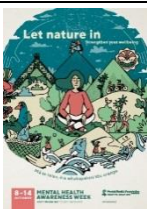
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New Resources





	<p>DRU0208 Alcohol and pregnancy: What you might not know Pamphlet – HE2523</p> <p>MoH</p>
	<p>MAH0115 Let nature in: Strengthen your wellbeing – Te Reo Māori (MHAW 2018) A2 Poster</p> <p>MHF</p>
	<p>MNH0217 Let nature into your workplace (MHAW 2018) A2 Poster</p> <p>MHF</p>
	<p>MNH0218 Let nature in: Strengthen your wellbeing (MHAW 2018) A2 Poster</p> <p>MHF</p>

Revised Resources

	<p>DRU0204 Make Your Car Smokefree Leaflet – HE1803</p> <p>MoH – Revised July 2018.</p>
	<p>DRU0205 A guide to making your car and home smokefree Pamphlet – HE1802</p> <p>MoH – Revised June 2018.</p>

Order CHIC resources online from: www.cph.co.nz/order-resources/

View or order the new resources available from CHIC: www.cph.co.nz/resource_list.php?mc=999

	<p>NUT0010 Thousands of New Zealanders don't get enough iron Pamphlet</p> <p>NZ Beef and Lamb - Revised for 2018.</p>
<p>Deleted Resources</p>	
	<p>CHH0070 Be Smarter Pad</p> <p>Sport Waikato – No longer in print.</p>
	<p>HEA0022 Care Around the Clock – Older Person Flyer</p> <p>CDHB – No longer in print.</p>
	<p>MNH0070C It's all right if you feel a tad on edge this morning A3 Poster</p> <p>All Right? – No longer in print.</p>

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Awareness Dates	Useful Websites
October Whiringa-ā-nuku Health Literacy Month Breast Cancer Awareness Month Street Appeal on Friday 12 th October 1 International Day of Older Persons 8 World Arthritis Day 8 – 14 Mental Health Awareness Week 10 World Mental Health Day 13 International Day for Natural Disaster Reduction 16 World Food Day 20 World Osteoporosis Day <i>CHIC may not stock resources for featured awareness days.</i>	www.healthliteracymonth.org www.nzbcf.org.nz mhaw.nz www.fao.org/world-food-day www.worldosteoporosisday.org

Find the latest editions of the Healthy Nibbles series online: <https://www.cph.co.nz/your-health/healthy-nibbles/>

STOCKLIST

The latest version is now current until January 2019. Order a copy by fax or email or download from our website.

***From the Community Health Information Centre (CHIC) Staff
Free Health Resources. Supporting active and healthy lifestyles.***

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