

# Community Health Information Centre (CHIC) Newsletter

CHRISTCHURCH  
Phone: 03 378 6721  
Fax: 03 379 6125  
[chic@cdhb.health.nz](mailto:chic@cdhb.health.nz)

ASHBURTON  
Phone: 03 307 6902  
Fax: 03 307 8081  
[ashburton.chic@cdhb.health.nz](mailto:ashburton.chic@cdhb.health.nz)

TIMARU  
Phone: 03 687 2600  
Fax: 03 688 6091  
[timaru.chic@cdhb.health.nz](mailto:timaru.chic@cdhb.health.nz)

GREYMOUTH  
Phone: 03 768 1160  
Fax: 03 768 1169  
[westcoast.chic@cdhb.health.nz](mailto:westcoast.chic@cdhb.health.nz)










Issue 92 – August 2018

## New Resources

	<p><b>IMM0070 Thanks for thinking about our future: Immunisations for 11 year olds</b> Pamphlet</p> <p>CDHB</p>
	<p><b>MNH0210 Sparklers: Balance energy highs and lows</b> A3 Poster</p> <p>All Right?</p>
	<p><b>MNH0211 Sparklers: Make it cool to be kind</b> A3 Poster</p> <p>All Right?</p>
	<p><b>MNH0212 Sparklers: Make wellbeing easy and fun</b> A3 Poster</p> <p>All Right?</p>
	<p><b>MNH0213 Sparklers: Help kids manage big emotions</b> A3 Poster</p> <p>All Right?</p>
	<p><b>MNH0214 Sparklers: Foster gratitude and giving</b> A3 Poster</p> <p>All Right?</p>



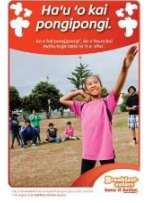
Order CHIC resources online from: [www.cph.co.nz/order-resources/](http://www.cph.co.nz/order-resources/)

View or order the new resources available from CHIC: [www.cph.co.nz/resource\\_list.php?mc=999](http://www.cph.co.nz/resource_list.php?mc=999)

	<p><b>MNH0215 Sparklers: Help tamariki embrace who they are</b> A3 Poster</p> <p>CPH</p>
	<p><b>NUT0117 We heart fresh New Zealand grown vegies – good for growing bodies</b> A4 Sheet – in English and Te Reo Māori</p> <p>NZ Vegetables</p>
<p><b>Revised Resources</b></p>	
	<p><b>CHH0004 Well Child Tamariki Ora: My Health Book</b> Book – HE7012</p> <p>MoH – Revised June 2018.</p>
	<p><b>CHH0038 Everyone Please</b> Card – HE1229</p> <p>MoH – Revised June 2018.</p>
	<p><b>MAH0030 Cervical Screening – Te Reo Māori</b> A3 Poster – HE1838</p> <p>MoH – Revised August 2018.</p>
	<p><b>MED0252 Acute Viral Gastroenteritis</b> A4 Sheet</p> <p>CPH</p>
	<p><b>MEH0002 The Blokes Book</b> A5 Booklet Now the “Reboot Edition”.</p> <p>Canterbury Men’s Centre – Updated July 2018.</p>
	<p><b>MNH0022 Wellbeing is Important</b> Flyer</p> <p>Formerly titled “Mental Health Education and Resource Centre”.</p> <p>MHERC – Updated for 2018.</p>
	<p><b>SAF0111 Food safety in pregnancy</b> A5 Booklet</p> <p>MPI – Revised May 2018.</p>

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	<p><b>WOH0086 Having more tests after a mammogram</b> Pamphlet – HE10118</p> <p>Formerly titled “When you are recalled for assessment”. MoH – Revised June 2018. <b>PLEASE DESTROY ANY PREVIOUS COPIES.</b></p>
<p><b>Deleted Resources</b></p>	
	<p><b>IMM0014 I’ve been Immunised</b> Sticker Sheet – HE2376</p> <p>MoH. All other versions also out of print: Te Reo Māori (MAH0010), Pacific languages (PAP0036 and 37) and Chinese (IMM0053).</p>
	<p><b>MNH0074C When did you last show a little love?</b> A3 Poster</p> <p>All Right? – No longer in print.</p>
	<p><b>PAP0030 You and your Teenager – Samoan</b> Leaflet – HE1707</p> <p>MoH – No longer in print. All other Pacific language versions also out of print (Niuean and Tongan).</p>
	<p><b>PAP0131 Breakfast Eaters – Tongan</b> A5 Flyer</p> <p>HPA – No longer in print. A3 Poster version (PAP0136) also out of print.</p>
	<p><b>PAP0132 Breakfast Eaters – Samoan</b> A5 Flyer</p> <p>HPA – No longer in print. A3 Poster version (PAP0134) also out of print.</p>
	<p><b>PAP0133 Breakfast Eaters – Cook Island Māori</b> A5 Flyer</p> <p>HPA – No longer in print. A3 Poster version (PAP0135) also out of print.</p>
	<p><b>SEH0035 Your Choice</b> A5 Booklet</p> <p>FPA – No longer in print.</p>

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<b>Awareness Dates</b>	<b>Useful Websites</b>
<b>September</b>	
<b>Mahuru</b>	
World Alzheimer's Month	<a href="http://www.alzheimers.org.nz">www.alzheimers.org.nz</a>
Breathe Better September – Asthma Awareness Month	<a href="http://www.breathebetterseptember.co.nz">www.breathebetterseptember.co.nz</a>
Cervical Screening Awareness Month	<a href="http://www.timetoscreen.nz/cervical-screening/">www.timetoscreen.nz/cervical-screening/</a>
Students Against Dangerous Driving (SADD)	<a href="http://www.sadd.org.nz">www.sadd.org.nz</a>
Blue September – Prostate Cancer Awareness Month	<a href="http://blueseptember.org.nz/">blueseptember.org.nz/</a>
<b>1</b> National Gamble Free Day	<a href="http://www.choicenotchance.org.nz/gamblingharm-awareness-week">www.choicenotchance.org.nz/gamblingharm-awareness-week</a>
<b>10</b> Suicide Prevention Day	<a href="http://wspd.org.au/">wspd.org.au/</a>
<b>10 – 17</b> Māori Language Week	<a href="http://www.tetaurawhiri.govt.nz/events-and-promotions/maori-language-week-2018/">www.tetaurawhiri.govt.nz/events-and-promotions/maori-language-week-2018/</a>
<b>15</b> World Lymphoma Awareness Day	<a href="http://www.lymphomacoalition.org">www.lymphomacoalition.org</a>
<b>22</b> World Car Free Day	
<b>26</b> World Contraception Day	
<i>CHIC may not stock resources for featured awareness days.</i>	

Find the latest editions of the Healthy Nibbles series online: <https://www.cph.co.nz/your-health/healthy-nibbles/>

## STOCKLIST

The latest version is now current until October 2018. Order a copy by fax or email or download from our website.

*From the Community Health Information Centre (CHIC) Staff  
Free Health Resources. Supporting active and healthy lifestyles.*

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