

Community Health Information Centre (CHIC) Newsletter

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Issue 91 – July 2018

New Resources

	<p>CHH0076 Active play guidelines for under fives – Babies 0 to 3 months Sheet – English/Te Reo Māori</p> <p>MoH/ CPH</p>
	<p>CHH0077 Active play guidelines for under fives – Infants 3 to 12 months Sheet – English/Te Reo Māori</p> <p>MoH/ CPH</p>
	<p>CHH0078 Active play guidelines for under fives – Toddlers 1 to 2 years Sheet – English/Te Reo Māori</p> <p>MoH/ CPH</p>
	<p>CHH0079 Active play guidelines for under fives – Preschool 3 to 4 years Sheet – English/Te Reo Māori</p> <p>MoH/ CPH</p>
	<p>CHH0080 Good Bladder/Bowel Habits in Children Sheet</p> <p>CDHB</p>
	<p>MNH0204 Manly As: Whatever you wear A3 Poster</p> <p>All Right?</p>
	<p>MNH0205 Manly As: Whatever position you choose A3 Poster</p> <p>All Right?</p>

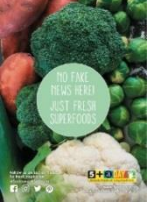
Order CHIC resources online from: www.cph.co.nz/order-resources/

View or order the new resources available from CHIC: www.cph.co.nz/resource_list.php?mc=999

	<p>MNH0206 Manly As: Whatever your drink A3 Poster</p> <p>All Right?</p>
	<p>MNH0207 Manly As: Whoever you love A3 Poster</p> <p>All Right?</p>
	<p>MNH0208 Manly As: Whatever tools you use A3 Poster</p> <p>All Right?</p>
	<p>NUT0116 You've got this! Eat fresh fruit & vegetables every day A4 Poster</p> <p>5+ A Day</p>
	<p>NUT0116A Eat in Season – Mandarin and Nashi A4 Poster</p> <p>5+ A Day</p>
	<p>NUT0116B Eat in Season – Feijoa and Passionfruit A4 Poster</p> <p>5+ A Day</p>
	<p>NUT0116C Eat in Colour A4 Poster</p> <p>5+ A Day</p>
	<p>NUT0116D Eat in Season – Citrus A4 Poster</p> <p>5+ A Day</p>
	<p>NUT0116E Eat fresh for health A4 Poster</p> <p>5+ A Day</p>

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	<p>NUT0116F No fake news her! Just fresh superfoods A4 Poster</p> <p>5+ A Day</p>
	<p>NUT0116G Eat fresh colours A4 Poster</p> <p>5+ A Day</p>
<p>Revised Resources</p>	
	<p>DRU0126 I Quit Smoking for Baby and Me Booklet – HE2473</p> <p>MoH – Revised June 2018.</p>
	<p>NUT0101 Eating safely when you have food allergies Booklet</p> <p>MPI – Revised July 2018.</p>
	<p>PHY0012 Obesity Sheet</p> <p>MoH – Updated November 2017.</p>
	<p>WOH0019 Cervical Smear Tests: What women need to know Pamphlet – HE1256</p> <p>MoH – Revised May 2018. PLEASE DESTROY ANY PREVIOUS COPIES.</p>
<p>Deleted Resources</p>	
	<p>DRU0204 Make your car smokefree Leaflet – HE1803</p> <p>MoH</p>
	<p>HEA0005 Whanau Ora Assessment Tool Book – HP4231</p> <p>MoH</p>



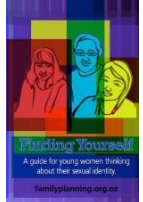
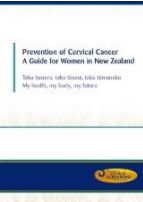
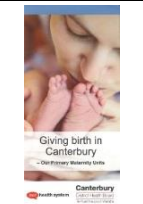
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	<p>HYG0008 Lift the Lip Pamphlet</p> <p>NZ Dental Association</p>
	<p>HYG0023 Snacks & Drinks for Heath Teeth Flyer</p> <p>CDHB</p>
	<p>HYG0044 Sneeze Safe Sticker Sheet</p> <p>Kleenex</p>
	<p>IMM0060 HPV Vaccine Pamphlet</p> <p>CDHB</p>
	<p>MNH0164 Connect with nature Postcard</p> <p>MHF (MHAW 2017)</p>
	<p>NUT0074B Colour your world with fresh fruit and vegetables – Asparagus Avocado and Strawberry A4 Poster</p> <p>5+A Day</p>
	<p>NUT0074G Colour your world with fresh fruit and vegetables – Grapefruit Lemon and Lime A4 Poster</p> <p>5+A Day</p>
	<p>NUT0092 We love our kids. So let's get them moving more than just their thumbs A4 Poster</p> <p>HPA</p>
	<p>NUT0092A We love our kids. But our treats may cause health problems A4 Poster</p> <p>HPA</p>

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	NUT0092B We love our families. But we're feeding them more than they need A4 Poster HPA
	NUT0092C We love our families. But we're feeding them too much junk A4 Poster HPA
	SEH0079 Finding Yourself Pocket Resource Family Planning
	WOH0077 Prevention of Cervical Cancer: A guide for women in NZ Booklet – HE1328 MoH
	WOH0136 Giving Birth in Canterbury: Our primary maternity units Pamphlet CDHB

Awareness Dates

Useful Websites

August Here-turi-kōkā

1 - 7 World Breastfeeding Week including The Big Latch On

9 International Day of Indigenous People

31 Cancer Society 'Daffodil Day'

CHIC may not stock resources for featured awareness days.

www.womens-health.org.nz/programmes/breastfeeding-activities/big-latch-on/

www.un.org/en/events/indigenousday

www.daffodilday.org.nz

Find the latest editions of the Healthy Nibbles series online: <https://www.cph.co.nz/your-health/healthy-nibbles/>

CHIC STOCKLIST

The latest version is current until October 2018. Order a copy by fax or email or download from our website.

***From the Community Health Information Centre (CHIC) Staff
Free Health Resources. Supporting active and healthy lifestyles.***

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