

# Community Health Information Centre (CHIC) Newsletter

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## New Resources

	<p><b>MNH0201 Mataraki</b> Bag</p> <p>All Right? – limited to 1 per order.</p>
	<p><b>NUT0139 Protein</b> Flyer</p> <p>Pegasus</p>
	<p><b>NUT0140 Smart Snacking</b> Flyer</p> <p>Pegasus</p>
	<p><b>OLP0011 Live Stronger: Love your independence</b> Book</p> <p>ACC</p>
	<p><b>OLP0012 Live Stronger: Love Your Health</b> A3 Poster</p> <p>ACC</p>
	<p><b>WOH0142 Breastfeeding protects against diabetes, heart disease and obesity</b> Long Poster</p> <p>NZ Breastfeeding Authority</p>

	<p><b>WOH0143 Breastfeeding journeys are special ...</b> Long Poster</p> <p>NZ Breastfeeding Authority</p>	
<p><b>Revised Resources</b></p>		
	<p><b>NUT0005 Finger Food Ideas for 9+ Months/ Small meal and lunchbox ideas for 12+ months</b> Card</p> <p>Watties – Reprinted January 2018.</p>	
	<p><b>WOH0135 Canterbury Breastfeeding Support Services Information</b> Pamphlet</p> <p>Canterbury Breastfeeding Network – Updated June 2018.</p>	
<p><b>Deleted Resources</b></p>		
	<p><b>DRU0044 Alcohol &amp; your kids</b> Booklet</p> <p>HPA – Withdrawn due to errors.</p>	
	<p><b>NUT0074H Colour your world with fresh fruit and vegetables: Apples and Pears</b> A4 Poster</p> <p>5+ A Day</p>	
<p><b>Awareness Dates</b></p>		<p><b>Useful Websites</b></p>
<p><b>July</b> <span style="float: right;"><b>Hōngongoi</b></span></p> <p><b>28</b> World Hepatitis Awareness Day</p> <p><b>30</b> International Day of Friendship</p> <p><i>CHIC may not stock resources for featured awareness days.</i></p>		<p><a href="http://www.hepatitisfoundation.org.nz/news/today-world-hepatitis-day/">www.hepatitisfoundation.org.nz/news/today-world-hepatitis-day/</a></p> <p><a href="http://www.un.org/en/events/friendshipday/">www.un.org/en/events/friendshipday/</a></p>

Get the latest editions of the Healthy Nibbles series online: <https://www.cph.co.nz/your-health/healthy-nibbles/>

## CHIC STOCKLIST

The latest version is current until October 2018. Order a copy by fax or email or download from our website.

*From the Community Health Information Centre (CHIC) Staff  
Free Health Resources. Supporting active and healthy lifestyles.*

Order CHIC resources online from: [www.cph.co.nz/order-resources/](http://www.cph.co.nz/order-resources/)

View or order the new resources available from CHIC: [www.cph.co.nz/resource\\_list.php?mc=999](http://www.cph.co.nz/resource_list.php?mc=999)