

Community Health Information Centre (CHIC) Newsletter

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New Resources

	<p>MAH0018 My pēpi is Māori and will be smokefree Pamphlet – HE8035</p> <p><i>Reintroduced resource</i> Te Whatu Ora – Revised August 2023</p>
	<p>OLP0020 Strength, balance and a good yarn A3 Poster</p> <p>ACC</p>
	<p>SMF0019 I quit smoking for baby and me Booklet – HE2473</p> <p><i>Reintroduced resource</i> Te Whatu Ora – Revised August 2023</p>
	<p>WOH0161 Breastmilk is superfood A2 Poster</p> <p>Actual title: Ko te wai ū te tino kai. NZBA</p>
	<p>WOH0161A During breastfeeding you and your pēpi produce the aroha hormone, oxytocin A2 Poster</p> <p>NZBA</p>
	<p>WOH0161B Human milk is superfood A2 Poster</p> <p>Actual title: Ko te wai ū te tino kai. NZBA</p>
	<p>WOH0161C Baby Feeding Cues A2 Poster</p> <p>NZBA</p>

Order CHIC resources online from: www.cph.co.nz/order-resources/

View or order the new resources available from CHIC: www.cph.co.nz/resource_list.php?mc=999

Revised Resources

	<p>CHH0004 Well Child Tamariki Ora My Health Book Book – HE7012</p> <p>Te Whatu Ora – Revised June 2023</p>
	<p>CHH0005 Danger Signs: Baby and child sickness Flyer – HE4240</p> <p>Te Whatu Ora – Revised May 2023</p>
	<p>CHH0009 Your Newborn Baby's Blood Test Booklet – HE2310</p> <p>Te Whatu Ora – Revised October 2023</p>
	<p>DRU0064 Is your drinking okay? Booklet – AL591</p> <p>Te Whatu Ora – Revised September 2023</p>
	<p>DRU0065 Cutting down Booklet – AL592</p> <p>Te Whatu Ora – Revised September 2023</p>
	<p>DRU0099 Stopping drinking Booklet – AL593</p> <p>Te Whatu Ora – Revised September 2023</p>
	<p>DRU0100 Maintaining the change Booklet – AL594</p> <p>Te Whatu Ora – Revised September 2023</p>
	<p>IMM0013 Immunise against HPV Consent Form Form – HE2044</p> <p>Te Whatu Ora – Revised June 2023</p>
	<p>MAH0118 What is Syphilis? – Te Reo Maori Pamphlet – HE2577</p> <p>Te Whatu Ora – Revised June 2023</p>
	<p>MED0156 High blood pressure is the leading risk factor for stroke A3 Poster</p> <p>Previously titled “Arm yourself against stroke!” Stroke Foundation – Revised for 2023</p>

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	MED0261A National Bowel Screening Programme – Simplified Chinese Flyer – HP6823 Te Whatu Ora – Revised October 2023
	MED0277 All about bowel screening Pamphlet – HE2615 Te Whatu Ora – Revised June 2023
	NUT0062 Breakfast made easy Sheet Previously titled “Healthy breakfasts made easy”. Te Mana Ora – Revised September 2023
	SAF0117 Food safety when you have low immunity Booklet MPI – Revised August 2022
	SEH0087 What is Syphilis? Pamphlet – HE2576 Te Whatu Ora – Revised June 2023
<i>Deleted Resources – No longer in print or being supplied</i>	
	CHH0003 Gastroesophageal Reflux Pamphlet Gastric Reflux Support Network NZ
	MAH0099 Simple steps to healthier eating – Te Reo Māori Flyer Heart Foundation
	NUT0077 Simple steps to healthier eating Flyer Heart Foundation
	NUT0142 Water is the best choice any time, any place, any activity A4 Poster HPA
	MNH0241H He waka eke noa postcards – Samoan Pack All Right?

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Awareness Dates		Useful Websites
December	Hakihea	
1 World AIDS Day		www.nzaf.org.nz
3 International Day of Disabled Persons		www.dpa.org.nz
20 World Human Rights Day		www.un.org/en/observances/human-rights-day
18 International Migrants Day		www.un.org/en/events/migrantsday
<i>CHIC may not stock resources for featured awareness days.</i>		

Find the latest editions of the Healthy Nibbles series online: www.cph.co.nz/your-health/healthy-nibbles

STOCKLIST

The latest version is now current until January 2024.

Download a copy of the latest version from our website or order a printed copy by email.

***From the Community Health Information Centre (CHIC) Staff
Free Health Resources. Supporting active and healthy lifestyles.***

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