

Community Health Information Centre (CHIC) Newsletter

CHRISTCHURCH
Phone: 03 378 6721
chic@cdhb.health.nz

TIMARU
Phone: 03 687 2600
timaru.chic@cdhb.health.nz

GREYMOUTH
Phone: 03 768 1160
westcoast.chic@cdhb.health.nz

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New Resources



MNH0267 Getting Through Together: Good Stuff Notepad

Pad

All Right?

Revised Resources



CHH0069 Referral to Well Child/Tamariki Ora Provider

Pad

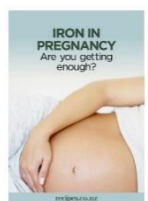
CDHB – Revised September 2021



NUT0088 Salt and blood pressure

Pamphlet

Stroke Foundation – Updated November 2021



NUT0113 Iron in pregnancy

Booklet

NZ Beef and Lamb – Revised June 2021



NUT0129 How to get enough to drink

Sheet

Previously known as “Are you drinking enough?”

HealthInfo – new supplier and format.



NUT0133 Shopping and cooking for one

Sheet

HealthInfo – new supplier and format.


Order CHIC resources online from: www.cph.co.nz/order-resources/

View or order the new resources available from CHIC: www.cph.co.nz/resource_list.php?mc=999

	<p>SMF0020 Vaping facts Pamphlet – HE2578</p> <p>MoH – Revised July 2021</p>
	<p>SMF0020A Vaping facts – Te Reo Māori Pamphlet – HE2579</p> <p>MoH – Revised July 2021</p>
<p>Deleted Resources – No longer available</p>	
	<p>DRU0079 Serving alcohol safely at workplace events Booklet</p> <p>Available to download from www.alcohol.org.nz</p> <p>HPA</p>
	<p>MNH0048 Kai Xin Xing Dong (Action for Happiness) Pamphlet</p> <p>MHF</p>
	<p>MNH0074J What good things are you growing? A3 Poster</p> <p>All Right?</p>
	<p>MNH0217 Let nature into your workplace (MHAW 2018) A2 Poster</p> <p>MHF</p>
	<p>MNH0218 Let nature in: Strengthen your wellbeing (MHAW 2018) A2 Poster</p> <p>MHF</p>
	<p>NUT0095 Salad Selections A3 Poster</p> <p>Vegetables.co.nz</p>

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	<p>MAH0112 Keeping your child safe: children's nightwear – Te Reo Māori Pamphlet</p> <p>Other languages also no longer available:</p> <ul style="list-style-type: none"> • Samoan (PAP0155) • Tongan (PAP0155A) <p>Commerce Commission of New Zealand</p>	
	<p>SMF0006 Smoking: Face the facts A2 Poster</p> <p>HPA</p>	
	<p>VIO0029 Don't be the guy who looks the other way A2 Poster</p> <p>MSD</p>	
	<p>VIO0030 If you think it's wrong, you're probably right A2 Poster</p> <p>MSD</p>	
<p>Awareness Dates</p>		<p>Useful Websites</p>
<p>February</p> <p>Heart Health Awareness Month</p> <p>Aotearoa Bike Challenge</p> <p>4 World Cancer Day</p> <p><i>CHIC may not stock resources for featured awareness days.</i></p>	<p>Hui-tanguru</p> <p>www.heartfoundation.org.nz/get-involved/big-heart-appeal</p> <p>www.lovetoride.net/nz</p> <p>www.worldcancerday.org</p>	

Find the latest editions of the Healthy Nibbles series online: www.cph.co.nz/your-health/healthy-nibbles/

STOCKLIST

The latest version is now current until the end of April 2022.

Download a copy from our website or order a copy by email.

From the Community Health Information Centre (CHIC) Staff
Free Health Resources. Supporting active and healthy lifestyles.

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