

# Community Health Information Centre (CHIC) Newsletter

**Canterbury**

District Health Board

Te Poari Hauora o Waitaha

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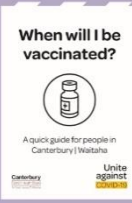
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Issue 125 – June 2021

## New Resources

	<p><b>IMM0075 When will I get the COVID-19 vaccine?</b> Pamphlet – HP7583</p> <p>MoH</p>
	<p><b>IMM0076 Your COVID-19 Vaccination</b> Pamphlet – HP7582</p> <p>MoH</p>
	<p><b>IMM0077 General Flu Resource</b> Sheet</p> <p>Also available in:</p> <ul style="list-style-type: none"> <li>• Arabic (IMM0077A);</li> <li>• Burmese (IMM0077B);</li> <li>• Simplified Chinese (IMM0077C);</li> <li>• Filipino (IMM0077D);</li> <li>• Gujarati (IMM0077E);</li> <li>• Hindi (IMM0077F);</li> <li>• Korean (IMM0077G);</li> <li>• Punjabi (IMM0077H);</li> <li>• Tamil (IMM0077I); and</li> <li>• Urdu (IMM0077J).</li> </ul> <p>MoH/ IMAC</p>
	<p><b>IMM0078 When will I be vaccinated? (COVID-19)</b> Flyer</p> <p>Subtitle: A quick guide for people in Canterbury/ Waitaha.</p> <p>CDHB</p>








Order CHIC resources online from: [www.cph.co.nz/order-resources/](http://www.cph.co.nz/order-resources/)

View or order the new resources available from CHIC: [www.cph.co.nz/resource\\_list.php?mc=999](http://www.cph.co.nz/resource_list.php?mc=999)

	<p><b>MAH0135 General Flu Resource – Te Reo Māori</b> Sheet</p> <p>MoH/ IMAC</p>
	<p><b>MNH0263 Connecting through kōrero</b> Booklet</p> <p>Mental Health Foundation</p>
	<p><b>PAP0165 General Flu Resource – Samoan</b> Sheet</p> <p>Also available in:</p> <ul style="list-style-type: none"> <li>• Cook Island Māori (PAP0165B)</li> <li>• Niuean (PAP0165C); and</li> <li>• Tongan (PAP0165A).</li> </ul> <p>MoH</p>
<p><b>Revised Resources</b></p>	
	<p><b>MED0156 Arm yourself against stroke!</b> A3 Poster</p> <p>Previously titled “Checked your blood pressure lately?”</p> <p>Stroke Foundation – Updated for 2021.</p>
	<p><b>NUT0088 Salt and blood pressure</b> Pamphlet</p> <p>Previously titled “Slash the salt”.</p> <p>Stroke Foundation – Updated for 2021.</p>
<p><b>Deleted Resources – No longer in print</b></p>	
	<p><b>HEA0008 HealthInfo Canterbury</b> A4 Poster</p> <p>CDHB</p>
	<p><b>IMM0008 Flu can be anywhere: Get immunised</b> Sticker</p> <p>CDHB</p>

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	<p><b>IMM0009 Flu can be anywhere: Get immunised</b> Badge</p> <p>CDHB</p>
	<p><b>IMM0010 Flu can be anywhere: Get immunised</b> Pamphlet</p> <p>NISG</p>
	<p><b>IMM0021 Why you should get immunised against the flu</b> Sheet</p> <p>NISG</p>
	<p><b>IMM0047 Flu can be anywhere: Get immunised</b> A2 Poster</p> <p>NISG</p>
	<p><b>MED0254 Rheumatic Fever antibiotics chart</b> Kit</p> <p>HPA</p>
	<p><b>MNH0260 Mindfulness/ Calming Dots</b> Pack</p> <p>All Right?</p>
	<p><b>SMF0016 The NZ Guidelines for helping people stop smoking</b> Booklet – HP5867</p> <p>MoH</p>

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<i>Awareness Dates</i>	<i>Useful Websites</i>
<b>July</b> <b>Hōngongoi</b> <b>2 – 10</b> Matariki <b>28</b> World Hepatitis Awareness Day <i>CHIC may not stock resources for featured awareness days.</i>	<a href="https://teara.govt.nz/en/matariki-maori-new-year">teara.govt.nz/en/matariki-maori-new-year</a> <a href="https://www.who.int/campaigns/world-hepatitis-day">www.who.int/campaigns/world-hepatitis-day</a>

Find the latest editions of the Healthy Nibbles series online: [www.cph.co.nz/your-health/healthy-nibbles/](http://www.cph.co.nz/your-health/healthy-nibbles/)

## CHIC STOCKLIST

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**The latest version is now current until July 2021.**

Download from our website or order a copy by fax or email.

***From the Community Health Information Centre (CHIC) Staff  
Free Health Resources. Supporting active and healthy lifestyles.***

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