

# Community Health Information Centre (CHIC) Newsletter

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## Issue 121 – February 2021

### New Resources



#### **NUT0082 Here's Healthy Food: Inā te kai ora**

Pamphlet

Reintroduced resource

Diabetes NZ.

### Revised Resources

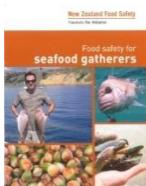


#### **IMM0071 Immunise against Meningococcal Disease**

Pamphlet – HE2596

MoH – Revised January 2021.

**PLEASE DESTROY ANY PREVIOUS COPIES AND REORDER.**



#### **SAF0022 Food Safety for Seafood Gatherers**

Booklet

MoPI – Revised January 2021.



#### **SAF0056 Agricultural Spraydrift.**

Pamphlet – HE10108

MoH – Revised November 2019.



#### **VIO0037 Women's Refuge**

Pamphlet

Women's Refuge - Updated for 2021.



#### **WOH0015 Fibroadenoma**

Sheet – HE1811

MoH – Revised April 2019.

**PLEASE DESTROY ANY PREVIOUS COPIES AND REORDER.**

Order CHIC resources online from: [www.cph.co.nz/order-resources/](http://www.cph.co.nz/order-resources/)

View or order the new resources available from CHIC: [www.cph.co.nz/resource\\_list.php?mc=999](http://www.cph.co.nz/resource_list.php?mc=999)

|   |   |
|---|---|
|     | <p><b>WOH0021 Ductal Carcinoma in Situ</b><br/>Sheet – HE1812</p> <p>MoH – Revised June 2017.<br/><b>PLEASE DESTROY ANY PREVIOUS COPIES AND REORDER.</b></p>    |
| <p><b>Deleted Resources – No longer in print</b></p>                                |   |
|    | <p><b>MED0256 Staying well with heart failure</b><br/>Booklet</p> <p>Heart Foundation.<br/><b>Please contact Heart Foundation directly to order copies.</b></p> |
|    | <p><b>MEH0016 Prostate Cancer: More information for men and their families and whānau</b><br/>Booklet – HE2401</p> <p>MoH</p>                                   |
|    | <p><b>MEH0017 What is your risk of Prostate Cancer?</b><br/>A3 Poster – HE2422</p> <p>MoH</p>   |
|  | <p><b>MNH0030 Be Positive</b><br/>A3 Poster</p> <p>CPH</p>  |
|  | <p><b>MNH0141 Help Canterbury feel like home</b><br/>A4 Poster</p> <p>CECC/ All Right?</p>  |
|  | <p><b>SEH0011 Safe Sex on a budget</b><br/>Pocket Resource</p> <p>CPH</p>   |
|  | <p><b>WOH0049 Your Antenatal and Newborn Screening Timeline</b><br/>Card – HP5240</p> <p>MoH</p>  |

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| <b>Awareness Dates</b>   |                       | <b>Useful Websites</b>   |
|--|-----------------------|--|
| <b>March</b>   | <b>Poutū-te-rangi</b> |  |
| Hearing Awareness Month  |                       | <a href="http://www.nfd.org.nz">www.nfd.org.nz</a>                               |
| 7 National Children's Day  |                       | <a href="http://www.childrensday.org.nz">www.childrensday.org.nz</a>             |
| 20 World Oral Health Day   |                       | <a href="http://www.worldoralhealthday.org">www.worldoralhealthday.org</a>       |
| 22 World Water Day   |                       | <a href="http://www.un.org/en/events/waterday">www.un.org/en/events/waterday</a> |
| 24 World Tuberculosis Day  |                       | <a href="http://www.stoptb.org">www.stoptb.org</a>                               |
| <i>CHIC may not stock resources for featured awareness days.</i> |                       |  |

Find the latest editions of the Healthy Nibbles series online: [www.cph.co.nz/your-health/healthy-nibbles/](http://www.cph.co.nz/your-health/healthy-nibbles/)

## STOCKLIST

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The latest version is now current until **April 2021**.

Download from our website or order a copy by fax or email.

***From the Community Health Information Centre (CHIC) Staff  
Free Health Resources. Supporting active and healthy lifestyles.***

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