

Community Health Information Centre (CHIC) Newsletter

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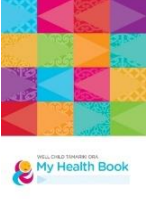
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Issue 109 – January 2020

New Resources









	<p>NUT0120 Manaaki at mahi – kai to enhance hauora/ wellbeing at work Leaflet</p> <p>HPA</p>
	<p>NUT0121 Catering for meetings or events from the supermarket Sheet</p> <p>HPA</p>
	<p>NUT0125 Catering tips for smaller groups and events Sheet</p> <p>HPA</p>
	<p>NUT0126 Catering tips for conferences and large groups Sheet</p> <p>HPA</p>
	<p>NUT0141 Creating the perfect healthy platter Sheet</p> <p>HPA</p>

Revised Resources

	<p>CHH0004 Well Child/Tamariki Ora: My Health Book Book – HE7012</p> <p>MoH – Revised November 2019. Reprinted December 2019.</p>
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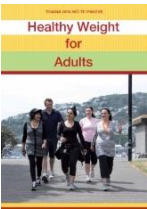

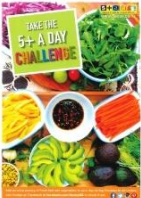

Order CHIC resources online from: www.cph.co.nz/order-resources/

View or order the new resources available from CHIC: www.cph.co.nz/resource_list.php?mc=999

	<p>MAH0031 Cervical Screening: What wāhine need to know Pamphlet – HE1837</p> <p>MoH – Revised October 2019. PLEASE DESTROY ANY PREVIOUS COPIES AND REORDER</p>
	<p>NUT0005 Finger Food Ideas for 9 months +/ Small Meal Ideas for 12 months + Sheet</p> <p>Watties – Revised December 2019.</p>
	<p>NUT0006 Guide to Baby Feeding Sheet</p> <p>Watties – Revised December 2019.</p>
	<p>PAP0038 Cervical Screening: What pacific women need to know Pamphlet – HE1831</p> <p>MoH – Revised October 2019. PLEASE DESTROY ANY PREVIOUS COPIES AND REORDER</p>
	<p>WOH0031 Cervical Screening: What you need to know Pamphlet – HE1256</p> <p>MoH – Revised October 2019. PLEASE DESTROY ANY PREVIOUS COPIES AND REORDER</p>
<p>Deleted Resources – No longer in print</p>	
	<p>ADH0005 Your information – but is it really yours? Pocket Resource</p> <p>Privacy Commission</p>
	<p>GAL0001 Pink Pages Booklet</p> <p>Now only available online from www.pinkpages.org.nz</p> <p>Pink Health Ōtautahi</p>
	<p>MNH0197 Down Time is Good Time A3 Poster Set</p> <p>All Right?</p>

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	<p>NUT0036 Healthy Weight for Healthy Adults Booklet – HE1324</p> <p>MoH</p>
	<p>PHY0021 Need help to get active? (Green Prescription) Pamphlet – HP5084</p> <p>MoH</p>
	<p>NUT0067 Take the 5+ A Day Challenge A4 Poster</p> <p>5+ A Day</p>
	<p>PAP0117 Partner Abuse: This is not love, this is control – Tongan Leaflet – HP4436</p> <p>MoH</p>
<p><i>Awareness Dates</i> <i>Useful Websites</i></p>	
<p>February Hui-tanguru</p> <p>Heart Health Awareness Month</p> <p>Aotearoa Bike Challenge</p> <p>2 World Wetlands Day</p> <p>4 World Cancer Day</p> <p>6 Waitangi Day</p> <p>20 World Day of Social Justice</p> <p><i>CHIC may not stock resources for featured awareness days.</i></p>	<p>www.heartfoundation.org.nz/get-involved/big-heart-appeal</p> <p>www.lovetoride.net/nz</p> <p>www.doc.govt.nz/worldwetlandsday</p> <p>www.worldcancerday.org</p> <p>www.un.org/en/events/socialjusticeday/</p>

Find the latest editions of the Healthy Nibbles series online: www.cph.co.nz/your-health/healthy-nibbles/

STOCKLIST

The latest version is now current until April 2020.
Order a copy by fax or email, or download from our website.

From the Community Health Information Centre (CHIC) Staff
Free Health Resources. Supporting active and healthy lifestyles.

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