

Staff, Student and Parent Wellbeing

Here are a few sites worth a read as you develop your thinking, knowledge and practice.

Greater Good Science Center (University of California – Berkeley)

The articles and activities from the GGSC are well supported by credible research and adaptable to New Zealand settings.



- <https://greatergood.berkeley.edu/education>
- https://greatergood.berkeley.edu/parenting_family

Check out this recent article on social and emotional learning (21st August 2017): [How Social-Emotional Skills can fit into School Curricula](#).

New Zealand Council for Educational Research (NZCER)

This independent educational research organisation generates the ideas, questions, tools, products and services to meet educational needs now and for the future.



Here are some their useful recent publications:

- [Finding a Balance - fostering student wellbeing, positive behaviour and learning. Findings from the NZCER national survey of primary and intermediate schools 2016.](#)
This report looks at how student wellbeing and positive behaviour are being fostered in primary and intermediate schools, using data from NZCER National Survey of Primary and Intermediate Schools (conducted August/September 2016).
- [Infographic: Making a difference to student wellbeing.](#)
This research summary aims to give schools practical ideas about ways to enhance students' wellbeing and decrease aggressive behaviours.

CORE Educators' Wellbeing Toolkit

This is an excellent programme to budget for as part of the Staff Development Programme.

[Find out more about the CORE Educators' Wellbeing Toolkit](#) or contact Anaru White at CORE Education for more details (021 822 862 or anaru.white@core-ed.org).



Contact Richard Wisnesky at Community and Public Health for more details on this information sheet (richard.wisnesky@cdhb.health.nz or 03 364 1777).

