## CLIENT INTERVIEW RECORD **CLIENT INFORMATION** Email: ..... **HEALTH INFORMATION (PLEASE CIRCLE)** Have you previously been treated for solar keratoses or skin cancer? Ν Do you have a large number of moles? Υ Ν Have you had a history of frequent childhood sunburn? Ν Have you ever suffered from an abnormal reaction or allergy to light? Ν Are you taking (by mouth or application to skin) any medication? (Many medications have the potential to increase photosensitivity - eg antibiotics, anti-inflammatories - consult your medical practitioner or pharmacist about your medication before using a tanning unit.) If you have any of the above we suggest you consult your doctor before using the sunbed or attempting to sunbathe outdoors. Any changes to your skin such as darkening moles or additional 'freckle' spots should be checked with you doctor. Are you pregnant? Ν Pregnancy changes your hormonal balance, this may cause blotchiness to your tan, we recommend even gentler tanning times and to consult your doctor if you have any concerns. Have you used a sunbed before? Υ Ν SKIN TYPE TEST Total Score 0 1 2 3 4 **Genetic Predisposition** Light Blue. Blue, Grev or Brownish What is the colour of your eyes? Blue Dark Brown Grey or Green Green Black Chestnut/ What is the natural colour of your hair? Sandy/Red Blonde Dark Brown Black Dark Blonde Pale with What is the colour of your skin (non-exposed Reddish Very Pale Light Brown Dark Brown Beige Tint areas)? Do you have freckles on unexposed areas? Many Several Few Incidental None Reaction to Sun Exposure Painful Burns Blistering redness. sometimes Never had What happens when you stay in the sun too followed by Rare burns blistering, followed by long? burns peeling peeling peeling Hardly or not Light colour Reasonable Tan very Turn dark To what degree do you turn brown? at all tan tan easily brown quickly Do you turn brown within several hours after Never Seldom Sometimes Often Always sun exposure? Never had a How does your face react to the sun? Very sensitive Sensitive Normal Very resistant problem **Tanning Habits** When did you last expose your body to More than 3 2 - 3 months 1 – 2 months Less than a Less than 2 the sun or sunbed? months ago month ago weeks ago

Skin Type Score	Fitzpatrick Skin Type	MED J/m²
0 – 7	I	-
8 – 16	II	250
17 – 25	III	350
26 – 30	IV	450
Over 30	V-VI	450

Never

Hardly ever

How often have you been tanning recently?

Client Skin Type is:	
MED (.I/m²):	

Often

Always

Total Score

Sometimes