

Greater Christchurch Psychosocial Committee

The greater Christchurch Psychosocial Committee meets quarterly to plan, coordinate, promote, and monitor the psychosocial recovery and wellbeing of the population of greater Christchurch.



Key activities

Here are a few of the things that the Committee has worked on in 2018 so far.

Providing advice.

- Advised two funders of earthquake recovery services regarding their plans to wind down.
- Escalated concerns about the wellbeing and potential stigma of those still in insurance/repair/re-repair/on-sold processes, and associated deterioration of trust.

Sharing expertise.

- Submitted to Mental Health Inquiry on behalf of the Greater Christchurch Partnership.
- Presenting at the Third International Conference on Wellbeing and Public Policy to highlight local recovery-related exemplars.
- Received research findings from Ihi research about the sources of strength and resilience for Māori in Christchurch, including those enabled within Māori culture.

Monitoring.

- Received update about the Canterbury Wellbeing Index's shift to an online platform.

Evaluating.

- Received the evaluation of free earthquake counselling.
- Received update from the Inter Church Forum about latest survey of churches in Greater Christchurch.

Seeking clarity.

- Corresponded with MBIE and DPMC to clarify the transfer of responsibilities for MBIE's previous Residential Insurance, Rebuild and Repair Progress monitoring work and to acquire relevant statistics about the work's progress.

Evolving.

- The Governance Group is formally considering what is required to enable a recognised and supported shift in focus from psychosocial recovery to wellbeing.

Find out more

Community in Mind Strategy & Shared Programme of Action

www.cph.co.nz/your-health/community-in-mind/

Canterbury Wellbeing Survey

www.cph.co.nz/your-health/wellbeing-survey/

Canterbury Wellbeing Index

www.cph.co.nz/your-health/canterbury-wellbeing-index/

Continuing conversations

- The Committee signalled concern about the Ministry of Health not being a part of the Minister for Greater Christchurch Regeneration's CE group taskforce, but have received reassurance that the Ministry of Health will be consulted regarding issues around psychosocial wellbeing.
- There is some ongoing confusion about the Community Resilience Partnerships Fund, and the Governance Group looks forward to a presentation about this in September.
- The University of Canterbury invited the Committee and Governance Group to recommend research topics for University of Canterbury post-graduate students on the subject of ongoing recovery and evaluation.

Shared Programme of Action

Thanks to everyone who provided updates to the Shared Programme of Action in the last six months. Your updates are always welcome.

www.cph.co.nz/your-health/community-in-mind/

Presenters

- Residential Rebuild, Repair, & Monitoring – Department of Prime Minister and Cabinet Greater Christchurch Group (Dr Carolina Lukkien and Jacob Sankey) and Residential Advisory Service (Darren Wright)
- 'All Right?', An investigation into Māori Resilience – Ihi Research (Catherine Savage, John Leonard, and Hemi Te Hemi)



Background

The Psychosocial Committee is an interagency group which came into existence in September 2010 to ensure appropriate supports for the population to recover from the earthquakes. We oversee the Community in Mind Strategy's Shared Programme of Action, which includes numerous initiatives, services and supports. Some activities have clear connections to recovery, like the 0800 Canterbury Support line, the Residential Advisory Service and the 'All Right?' campaign. Other activities take a broader wellbeing approach, looking to the future—such as Whānau Ora Navigators, TimeBank Waimakariri, or Selwyn's 'Meet Your Street'.

In 2017, the Committee met every two months; in 2018, the Committee has met quarterly. Meetings focus on surveying the psychosocial landscape to identify emerging or ongoing wellbeing issues within greater Christchurch and how to address these.

Current members of the committee are: 'All Right?', Canterbury DHB (Community and Public Health, Planning and Funding, Specialist Mental Health Services), Christchurch City Council, Earthquake Commission, Earthquake Disability Leadership Group (now called Christchurch for Everybody), Earthquake Support Coordination Service, Land Information New Zealand, Mental Health Education and Resource Centre, Mental Health Foundation, Ministry of Civil Defence and Emergency Management, Ministry of Education, Ministry for Pacific Peoples, Ministry of Social Development, New Zealand Red Cross, One Voice Te Reo Kotahi (NGO delegate), Pegasus Health, Selwyn District Council, Te Pūtahitanga o Te Waipounamu – The Whānau Ora Commissioning Agency for the South Island, Te Puni Kōkiri, Te Raranga Inter Church Forum, University of Canterbury, and Waimakariri District Council.

The Psychosocial Committee escalates issues to the Psychosocial Governance Group as appropriate. Governance Group members are: Canterbury DHB, Christchurch City Council, Department of Prime Minister and Cabinet Greater Christchurch Group, Ministry of Education, Ministry of Health, Ministry for Children Oranga Tamariki, Te Pūtahitanga o Te Waipounamu – The Whānau Ora Commissioning Agency for the South Island, Police, Selwyn District Council, and Waimakariri District Council.