

Greater Christchurch Psychosocial Committee Report

January – June 2017

The greater Christchurch Psychosocial Committee plans, coordinates, promotes, and monitors the psychosocial recovery and wellbeing of the population of greater Christchurch.

Background

The Psychosocial Committee is an interagency group which came into existence in September 2010 to ensure appropriate supports for the population to recover from the earthquakes. Together, we oversee the Community in Mind Strategy's Shared Programme of Action which includes numerous initiatives, services and supports—for example, the 0800 Canterbury Support line, the Earthquake Support Coordination Service, free counselling, and the 'All Right?' campaign.

Until this year, the Committee met monthly (now every two months) and convenes more frequently if needed. Meetings focus on surveying the psychosocial landscape to identify emerging or ongoing wellbeing issues within greater Christchurch and how to address these.

Current members of the committee are: 'All Right?', Canterbury DHB (Allied Health, Community and Public Health, Planning and Funding), Christchurch City Council, Earthquake Commission, Earthquake Disability Leadership Group (now called Christchurch for Everybody), Earthquake Support Coordination Service, Land Information New Zealand, Mental Health Education and Resource Centre, Mental Health Foundation, Ministry of Business, Innovation and Employment, Ministry of Civil Defence and Emergency Management, Ministry of Education, Ministry for Pacific Peoples, Ministry of Social Development, New Zealand Red Cross, One Voice Te Reo Kotahi (NGO delegate), Pegasus Health, Selwyn District Council, Te Pūtahitanga o Te Waipounamu – The Whānau Ora Commissioning Agency for the South Island, Te Puni Kōkiri, Te Raranga Interchurch Forum, University of Canterbury, and Waimakariri District Council.

The Psychosocial Committee escalates issues to the Psychosocial Governance Group as appropriate. Governance Group members are: Canterbury DHB, Christchurch City Council, Department of Prime Minister and Cabinet Greater Christchurch Group, Ministry of Business, Innovation and Employment, Ministry of Education, Ministry of Health, Ministry of Social Development, Te Pūtahitanga o Te Waipounamu – The Whānau Ora Commissioning Agency for the South Island, Police, Selwyn District Council, and Waimakariri District Council.

Achievements

- Successful release of the September 2016 Canterbury Wellbeing Survey in June 2017. The Canterbury Wellbeing Survey is a representative sample of greater Christchurch residents undertaken annually. The Survey shows continued improvements in wellbeing across many of the measures, but a number of Cantabrians are still struggling with earthquake-related stressors.
- Evaluation of Psychosocial Committee to inform future operations. This affirmed continued need for the Committee but identified that it would be appropriate to meet less frequently.
- Confirmed 2017 priorities and informed [Greater Christchurch Partnership](#).
- The Committee is championing the Canterbury Accessibility Charter.
- New webpage providing support for parents: <https://allright.org.nz/articles/parenting-support-and-programmes/>

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Continuing conversations / challenges

- Accessibility in the rebuild, for example, accessibility of anchor projects like the Earthquake memorial.
- Over-demand for mental health and social services across NGOs.
- Workplace wellbeing and understanding what people need locally.
- Remaining earthquake repairs and call-backs (re-repairs).

Presenters

- Red Zone report – Sally Carlton, Human Rights Commission
- Accessibility Charter – Amy Hartnell, Earthquake Disability Leadership Group

2017 Priorities

The Committee confirmed its 2017 priorities based on monitoring, other reports it receives, and the Shared Programme of Action.

The Committee welcomes ongoing feedback about the priorities and other issues.

POPULATION	ISSUE	APPROACH
<ul style="list-style-type: none">• Those who have unresolved claims at the property they own and usually live in<ul style="list-style-type: none">◦ Includes people engaging with re-repair processes.• People of Māori ethnicity• People living with a health condition or disability• People from a household with an income of less than \$30,000• People in the East of the city	<ul style="list-style-type: none">• Being in a damaged environment and/or surrounded by construction work• Loss of recreational, cultural and leisure time facilities• Dealing with EQC/insurance issues in relation to personal property and house• Loss of indoor sports and active recreation facilities• Transport related pressures <p>AND</p> <ul style="list-style-type: none">• Mental wellbeing (including for recovery workforce)• Ongoing housing issues	<ul style="list-style-type: none">• Support initiatives that build community capacity, capability and confidence• Promote community-led recovery• Communication and information pathways

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Engagement opportunity

As part of its role in promoting and monitoring wellbeing in the Canterbury region, Community and Public Health (the Public Health division of the Canterbury District Health Board) is interested in what sources of information about our population's health and wellbeing you either currently use or would find useful.

CPH is interested in your use of information that describes both health and wellbeing status and information that looks at those factors that may impact on health and wellbeing (such as education, housing and employment). **Can you help by completing this 15-20 minute online survey?**

https://www.surveymonkey.com/r/PopHealthWellbeingProducts_YourThoughtsSurvey

The survey findings will be used to inform ongoing work in this area. CPH would like as many responses as possible from a broad range of respondents – please share the survey link with others who may be interested. The survey closes 2-August.

Completion of the survey is entirely voluntary and you can exit the survey at any time. Survey data will only be presented in aggregated form. Quotes from free text responses may be presented in a report of findings. Quotes can either attributed to your organisation or, if it is your preference, be anonymous.

Find out more

Revised Community in Mind Shared Programme of Action

www.cph.co.nz/wp-content/uploads/CommunityInMindSharedProgrammeOfAction.pdf

Community in Mind strategy

www.cph.co.nz/your-health/community-in-mind/

Canterbury Wellbeing Survey

www.cph.co.nz/your-health/wellbeing-survey/

Canterbury Wellbeing Index

www.cph.co.nz/your-health/canterbury-wellbeing-index/