

The Language of Wellbeing: How is it expressed in the NZ Curriculum Statement?

Here are four excellent reads worth thinking about.

[Try these two smart techniques to help you master your emotions](#)

Neuroscientist Lisa Feldman Barrett says we can reduce suffering and increase well-being by more clearly identifying our feelings or by re-categorising them in this article (Ideas.TED.com: 21st June 2018).

- How well do you – the educator – understand yourself and your emotions?
- Can you articulate your feelings and your emotional responses so that others can relate positively to you?
- As educators can we demonstrate this to learners?
- As an educator who are your learners?



→ What are the possible educative implications for promoting and developing key competencies and language programmes? Not just English but other languages represented in a class or school.

[Clarity in the Classroom](#)

This book by Michael Absolum contains some useful information including in the learning-focused relationships model in Chapter 3 (pages 48 to 73) and also pages 44 to 46 (especially Table 4 on ?)

Contact the author Michael Absolum for more information (m.absolum[at]evaluate.co.nz or 021 899 922).

[When Students Design their Education](#)

Extract from this article by Suzi Boss (Edutopia: 28th June 2018).

“For the longest time, education has made the parent the primary stakeholder. When you put a child back front and center, they will shape the story,” said Sethi, reflecting on her own background as a design professional and the design thinking process she used to create the school. “Our children became our designers right off.”

This is reflected in the 2007 NZ Curriculum Statement’s Principles and Foundations of curriculum decision making (page 9): “These principles put students at the centre of teaching and learning asserting that they should experience a curriculum that engages and challenges them, is forward-looking and inclusive and affirms New Zealand’s unique identity.”

[Food Advertising to Children](#)

The language of advertising: Where does this fit with the 2007 NZ Curriculum, learning programmes and student wellbeing?

Contact Richard Wisnesky at Community and Public Health for more details on this information sheet (richard.wisnesky@cdhb.health.nz or 03 364 1777).

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