

LGBTQIA+ Support Organisations

Listed below are some of the services available within the Canterbury, South Canterbury and West Coast regions.

<p>298 Youth Health Centre Provides free, accessible, confidential medical and mental health care for 10-25 year olds in the Christchurch area. Very GLBT friendly.</p>	<p>Address: Unit 1, 25 Churchill Street Phone: 03 943 9298 Email: admin@298.org.nz Website: 298.org.nz Facebook: www.facebook.com/298YouthHealth/</p>
<p>Agender NZ A support and lobby organisation for transgender people including their families, friends and co-workers.</p>	<p>Email: admin@agender.org.nz Website: www.agender.org.nz</p>
<p>AIDS Hotline Provides telephone support 24 hours a day, 7 days a week</p>	<p>Phone: 0800 802 437</p>
<p>Express Magazine NZ's only gay website for everything that is happening in New Zealand's gay scene, news, reviews, events and community groups.</p>	<p>Phone: 09 412 6067 Email: news@gaynz.com Website: www.gaynz.com</p>
<p>NZ AIDS Foundation South Te Toka Free, professional and confidential counselling available to all gay and bisexual men and couples, and to any other people affected by HIV and their significant others.</p>	<p>Address: 185 Peterborough Street Phone: 03 379 1953 Email: contact.tetoka@nzaf.co.nz</p>
<p>OutLine NZ A confidential telephone counselling and information service for the gay, lesbian, bisexual, transgender and takatāpui community. Skype counselling also available.</p>	<p>Phone: 0800 OUTLINE (0800 688 5463) Weekdays 9am to 9pm Weekends 6pm to 9pm Email: interns@outline.org.nz Website: www.outline.org.nz</p>
<p>Phoenix Support network for gender non-conforming, trans and questioning young people (18 to 30 years). Meets fortnightly in the evenings.</p>	<p>Email: facilitator@qtopia.org.nz</p>
<p>Qtopia A social support network for queer youth (or youth who are questioning their sexual identity) aged 13 to 30 in the Canterbury region.</p>	<p>Email: connect@qtopia.org.nz Website: www.qtopia.org.nz Facebook: www.facebook.com/qtopiachch/</p>
<p>Rainbow Youth An Auckland-based organisation that provides support, information, advocacy and education for queer young people and their families.</p>	<p>Phone: 09 376 4155 Email: info@rainbowyouth.org.nz Website: www.rainbowyouth.org.nz</p>
<p>Youthline – Central South Island Provides telephone, text and email support for young people and others who live or work with them. Webchat also available. Also offers young people the space to talk and be listened to in a non-judging environment.</p>	<p>Counselling Line: 0800 37 66 33 Office: 03 379 4795 Email: talk@youthline.co.nz Free text: 234 Website: www.youthline.co.nz</p>