

Maintaining your home, including making it healthier and more accessible

This information sheet provides details on agencies, initiatives and resources relating to:

- home maintenance;
- how to make your home healthier; and
- sustainable, innovative or accessible homes.

BRANZ

Their Maintaining My Home website gives advice and guidance on:

www.maintainingmyhome.org.nz

- dealing with common issues and repairs around your home;
- how to maintain different parts of or systems in your home;
- safety when doing maintenance work; and
- employing others to do home maintenance tasks.

Their Home Maintenance Schedule covers what building elements need to be checked regularly and how often different home maintenance checks and tasks should be done.

[www.maintainingmyhome.org.nz/assets/Charte r/MYH-table-Maintenance-schedule2.pdf](http://www.maintainingmyhome.org.nz/assets/Charte%20r/MYH-table-Maintenance-schedule2.pdf)

Community Energy Action (CEA)

Provide practical energy solutions to improve the physical and mental health of households. They also run a Curtain Bank and can come and do a Home Energy Check.

www.cea.co.nz

Energy Efficiency and Conservation Authority (EECA)

Has tools and calculators to help make informed choices on energy use. They also provide Warmer Kiwi Homes Grants.

www.energywise.govt.nz/funding-and-support/funding-for-heaters-and-insulation

Good Homes

A research programme looking at housing issues for older people in Aotearoa. Has a handy checklist to help older people keep up with repairs and maintenance so they can stay in their homes and communities for longer.

repairsandmaintenance.goodhomes.co.nz/tools

Government assistance if you have an ongoing health problem, or an injury or disability

Support is available to:

- Improve safety and accessibility at your home (such as hand rails, ramps and other modifications); or
- Help you with essential maintenance or home repairs.

www.govt.nz/browse/health/help-in-your-home/modifying-your-house

www.govt.nz/browse/health/help-in-your-home/maintaining-your-house-garden/

Government assistance if you are on a benefit or NZ pension You can get an advance from Work and Income to help with essential repairs to your home.	www.workandincome.govt.nz/products/a-z-benefits/advance-payment-of-benefit.html
Government assistance if you are a veteran Support is available from the Office of Veterans Affairs for the upkeep of your house and garden – if you can't get other government help.	www.veteransaffairs.mil.nz/get-support
Habitat for Humanity NZ Provides house repairs for low-income homeowners.	habitat.org.nz/what-we-do/habitat-in-nz
Healthy Homes Initiative Supports whānau and aiga with children to live in warmer, drier and healthier homes.	www.hhi.org.nz
Homefit Has an online guide to check if your home is warm, dry and safe.	www.homefit.org.nz
Lifemark Get tips to make sure your home is designed for your changing needs.	www.lifemark.co.nz
Ministry of Health Manatu Hauora Find out how to make your home adaptable to meet your changing needs as you age, including features to enable you to stay in your home for longer.	www.health.govt.nz/your-health/services-and-support/disability-services/types-disabilitysupport/equipment-and-modifications-disabledpeople/housing-modifications-disabled-people
Superhome Movement Aims to raise the standards of new homes so that they are healthy and more energy efficient.	www.superhome.co.nz
Warm Fuzzies Service to help landlords to be compliant with the Healthy Homes Standards.	www.warmfuzzies.co.nz/about

Contact the Housing Health Promoter at Te Mana Ora | Community and Public Health for more details on this information sheet (03 364 1777).