

## Sexual Health Services in Rangiora and Kaikoura

<p><b>Family Planning Rangiora</b> Provide a sexual health and reproductive health service. Free visits for those under 22, \$22.50 for those over 22 or \$5 with Community Services Card. Appointments essential.</p>	<p>205A King Street 03 313 6697 Thurs 2 – 6pm</p>
<p><b>Public Health Nurses Rangiora</b> Run free clinics in all intermediate and secondary schools. Provide free contraception (including emergency contraception), pregnancy tests and sexual health advice.</p>	<p>(03) 311 8664 or (03) 311 8665 Mon to Fri 8am – 5pm</p>
<p><b>Kaikoura Medical Centre</b> Free sexual health service for those under 22, including emergency contraception. Charge at doctor's discretion for those over 22.</p>	<p>Deal Street 03 319 5040 Mon to Fri 8.30am – 4.30pm</p>
<p><b>Public Health Nurses Kaikoura</b> Run free clinics in all intermediate and secondary schools. Provide free contraception (including emergency contraception), pregnancy tests and sexual health advice.</p>	<p>03 319 5125 Mon to Fri 8am – 5pm</p>