

Let's Tackle Problem Gambling

Gambling-related harm is an emerging public health issue in New Zealand, with significant health, social and economic implications. In the last decade, New Zealand has seen an increase in gambling activities and the money lost on gambling. There has also been an increase in the number of people seeking help for their own or someone else's gambling.

New Zealanders lose around \$2 billion on gambling each year, and half of this is lost on pokie machines. Only around one third of the money lost is given away in grants to sports groups, racing or community organisations.

Did You Know?

- One in six New Zealanders say a family member has gone without something they needed or a bill has gone unpaid because of gambling.
- One in five regular pokie players is likely to have a gambling problem.

- TABs and pokies are most likely to be found in communities that are less well off.
- A woman whose partner is a problem gambler is over 10 times more likely to be a victim of violence from her partner than that of a non-problem gambler.
- 85% of those seeking help for problem gambling is because of pokie machine gambling.



For more information, contact:

[Problem Gambling Foundation](http://www.pgfnz.org.nz)

www.pgfnz.org.nz

0800 664 262 or Asian helpline 0800 862 342

[Problem Gambling \(Health Sponsorship Council\)](http://www.problemgambling.org.nz)

www.problemgambling.org.nz

0800 654 655

Sources: Problem Gambling (HSC) and Problem Gambling Foundation websites

New Free Resources

Please note that only Ministry of Health and CPH resources can be viewed or ordered from our website: www.cph.co.nz

The Ministry of Health has released new resources for the B4 School Check Vision and Hearing Screening which are Store Only for Health Professionals:

- MED0032 **Keeping an Eye on Your Child's Hearing** (HE2276 - shown)
- MED0033 **Referral for a Full Vision Assessment** (HE2279)



Note: We are still awaiting the arrival of two more resources for this initiative.

These resources are also available in other languages such as Te Reo Māori, Chinese and Pacific languages, but only as downloads from the HealthEd website (www.healthed.govt.nz).

Te Reo Maori versions of the **High Five for Clean Hands Basin Sticker and Poster** are also available as online downloads from this website.

There is a new addition to the It's Not Ok campaign. **Keeping Kids Safe and Secure** (VIO0015) is about supporting parents and whānau to keep children safe from abuse and neglect, and looks at the effects on children.



What happens to your mental health and addiction information? (MNH0046 or HP5096) explains what information is collected for the Ministry of Health and why when accessing these services, and how privacy of the information is maintained.



Get Problem Gambling Resources for Gamble Free Day!

CHIC has three A5 resources on problem gambling from the Health Sponsorship Council: **Is There a Problem?** (MNH0039), **Problem Gambling** (MNH0040) and **Problem Gambling Affects Us All** (MNH0041).

Free Health Resources. Supporting active and healthy lifestyles

Revised Resources

A large number of Ministry of Health resources have been recently revised and are now available:

- MED0012 **Getting Ready for a Flu Pandemic.** Revised March 2010. HE1717.
- MED0129 **Infectious Diseases Card.** Revised April 2010. HE1215.
- MED0130 **Infectious Diseases Poster.** Revised April 2010. HE1214. - shown
- NUT0016 **Eating for Healthy Pregnant Women.** Revised April 2010. HE1805.
- SEH0048 **What are STI Tests?** Revised March 2010. HE1445.



- WOH0026 **Pelvic Inflammatory Disease.** Revised April 2010. HE4229.

Rubella and Women (MED0084 or HE4172) is finally in stock after a lengthy revision process. Back orders have now been processed.



The following resources have also been updated:

- WOH0080 **Endometriosis**
- ADH0034 **All About Me**
- NUT0005 **Finger Food for 9 Months/Small Meal and Lunchbox Ideas for 12 Months +**

Deleted Resources

The following resources have been recently deleted:

- DRU0012 **Smokefree: It's About Us** Poster
- DRU0182 **You're Only One Step Away from a Smokefree Home** Poster
- MAH0061 **Nga Rourou Kai E Toru** Poster
- MNH0021 **Step Out of the Blue** Foldout Card



- MNH0033 **Absolutely Nothing** Poster
- SAF0030 **Hypothermia First Aid**
- SAF0098 **Stop Food Poisoning Now!** - shown
- SEH0025 **If There's a Party in Your Pants...** Postcard
- SEH0026 **If There's a Party in Your Pants...** Sticker
- VIO0003 **Text Bullying** Poster



Visit us at www.cph.co.nz!

Awareness Dates

August	Here-Turi-Kōkā
1-7	World Breastfeeding Week
9	International Day for Indigenous People
12	International Youth Day
19	World Humanitarian Day
27	Cancer Society's Daffodil Day
September	Mahuru
	Cervical Screening Awareness Month
	Blue September for Prostate Cancer
1	Gamble Free Day
10	World Suicide Prevention Day
14	World Oral Health Day
20-26	International Deaf Awareness Day
21	International Day of Peace

CHIC may not stock resources for featured awareness days.

Useful Websites

World Breastfeeding Week
<http://worldbreastfeedingweek.org>

Cancer Society
www.cancernz.org.nz

Cervical Screening Programme
www.nsu.govt.nz

Prostate Cancer Foundation
www.prostate.org.nz

Problem Gambling
www.problemgambling.org.nz

Suicide Prevention NZ (SPINZ)
www.spinz.org.nz

NZ Dental Association
www.healthysmiles.org.nz



Calling All Schools and Early Childhood Centres!

Resource packs for 5+ A Day Month in November are now available to order.

Get in early as stocks are limited. Visit www.5aday.co.nz to order and for more information.

From the Community Health Information Centre (CHIC) Staff: Sue, Lesley and Claire
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