

Antenatal and Newborn Screening

Pregnant women undergo a number of antenatal blood tests, and from early February 2010, the Ministry of Health will be offering free antenatal screening during the first and second trimesters for Down Syndrome and other chromosomal conditions. Three informative resources have been released to explain the screening and diagnostic tests, and to guide and support the process of making an informed decision.



- WOH0109 Antenatal Screening: First Trimester Combined Screening (HE2256)
- WOH0110 Antenatal Screening: Second Trimester Maternal Serum Screening (HE2257)
- WOH0111 Antenatal Screening: Increased Chance (HE2258)

Additionally women have the option to be screened for HIV (introduced nationwide in June 2009), with the two associated resources recently updated.

Also available only to Birthing Units, is the National Testing Services leaflet **Your Newborn Baby's Blood Test** (CHH0009)



which details the newborn metabolic testing for 28 rare inherited disorders. Two DVDs on the Newborn Metabolic Screening Programme (one for parents and one on best practice for health practitioners) are available directly from the National Screening Unit.

For more information, visit these websites:

www.moh.govt.nz

www.nsu.govt.nz

New Free Resources

Please note that only Ministry of Health and CPH resources can be viewed or ordered from our website: www.cph.co.nz

A new series of limited release posters have been launched for the next phase of the Ministry's Breastfeeding initiative, as well as a DVD called **Breastfeeding Naturally** (WOH0073 or HE2255) which is restricted to 2 copies per order.



- WOH0104 Future Rugby Legend in the Making (HE2271)
- WOH0106 Future Business Entrepreneur Getting an Important Order Filled (HE2272)
- WOH0107 Future Internet Whizz Kid Busy Downloading (HE2273) - shown
- WOH0108 Future Prime Minister Leading by Example (HE2274)

An A5 booklet **Clean Heat Project** (ENH0013) gives information on the financial assistance available to those in Canterbury with open fires or solid fuel burners, to convert to less polluting heating options.



A new resource from Smoke Change **Yes! You Can!** (DRU0049) has been developed to give info on the use of nicotine replacement therapy (NRT) during pregnancy.

Additional oral health resources are now in stock, with the A3 poster available in blue (HYG0039) and green (HYG0040):

- HYG0038 It's Easy to Protect Your Family's Smile Poster - Pink (HE2270)
- MAH0002 It's Easy to Protect Your Family's Teeth A4 Booklet - Te Reo Maori (HE2259)



We also have new resources from the Are You Strong Enough?: Never, Ever a Shake a Baby campaign. For more information on this initiative see the box below.



- VIO0012 Are You Strong Enough? A4 Card
- VIO0013 Are You Strong Enough? Pamphlet

Are You Strong Enough? Never, Ever Shake A Baby Campaign

For more advice or help, visit the website www.powertoprotect.net.nz or call 0800 300 026.

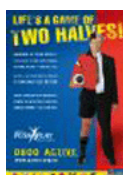
You can also contact Plunket (0800 933 922) or Barnardos (0800 472 7368)

Free Health Resources. Supporting active and healthy lifestyles

Deleted and Revised Resources

The following Ministry of Health resources have been deleted for various reasons:

- CHH0022 Baby Teeth are Important - shown
- DRU0028 Graphic Pictorial Health Warnings on Tobacco
- ENH0004 Guidelines for the Management of Lead-based Paint
- HEP0002A-4A Health Protection Posters
- HYG0005 Let's Prevent Tooth Decay
- HYG0008 Periodontal Disease
- HYG0023 Dental Health and Fluoride
- NUT0039 Food Allergy
- PAP0055 It Takes Three Postcard (PPP)
- PAP0091 Influenza Pamphlet - Samoan
- PHY0019 Life's a Game of Two Halves Poster - shown
- WOH0058 It Takes Three Postcard (AAE)



Additionally the following resources are no longer in print or have been deleted due to low usage:

- MNH0046 Friends and Family: What You Do Makes a Difference
- PHY0022 Push Play Board Game
- SAF0005 Protect What You Value - shown
- SAF0018 Healthy Eating Checklist
- SEH0061-3 Family Planning resources in Chinese, Japanese and Korean on STI's and Contraception



New Stocklist Now Available!

Recently revised resources include:

- HEA0015 Code of Health and Disability Services Consumer Rights - shown
- NUT0001 Eating for Healthy Teenagers. HE1230. Reprinted October 2009.
- NUT0099 Servings Per Day. HE1332. Revised October 2009.
- PHY0003 Push Play
- PHY0021 Green Prescription - shown



NOTE: HYG0008 and 23 will still be available as a web-only resources from the HealthEd website.

Visit us at www.cph.co.nz!

Awareness Dates

February *Hui-Tanguru*

Bike Wise Month

- 6 Waitangi Day
- 8-14 Heart Health Awareness Week
- 17 Go By Bike Day
- 19 Lifeline Appeal
- 20-28 Muscular Dystrophy Campaign
- 21-27 IHC Awareness Week

March *Poutū-Te Rangi*

- 1-7 NZ Red Cross Appeal
- 7 Children's Day
- 8 International Women's Day
- 8-14 Schizophrenia Awareness Week
- Child Cancer Appeal Week

Useful Websites

Bike Wise

www.bikewise.co.nz

Heart Foundation

www.nhf.org.nz

Muscular Dystrophy

www.mda.org.nz

IHC

www.ihc.org.nz

Children's Day

www.childrensday.org.nz

Schizophrenia Fellowship

www.sfnat.org.nz

Child Cancer Foundation

www.childcancer.org.nz



CHIC Awareness Calendar for 2010

This double-sided A3 resource will be available in late January, and will be provided in black and white when ordered. If you require a colour version, please download from the CPH website.

From the Community Health Information Centre (CHIC) Staff

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