

## Ministry of Health Resource Review

The Ministry of Health are currently undertaking a major review of their health education resources, due to both the current economic situation, and in response to feedback from the national resource providers network, including CHIC. Consequently the look of a number of resources are in the process of being updated, while some may be scrapped as they are surplus to requirements.

Protect Your Child Poster (CHH0017 or HE9002), Breastfeeding: You Can Do It (WOH0017 or HE9015) and My Health, My Body Poster (WOH0066 or HE1203) have already been deleted, with a range of others also on the chopping block.

The **4 minute breakfast challenge** (NUT0026) and the **Breastfeeding: You're Part of the Picture Too** poster series are also being discontinued since the

Government has withdrawn funding for HEHA projects. CHIC will have copies available while stocks last. Community and Public Health is currently developing a replacement breakfast resource.

The Ministry has also launched some new hand-washing resources targeted at children, developed by the Northland DHB:

- HYG0030 High Five for Clean Hands Basin Sticker (HE2203)
- HYG0031 Stop! Have You Washed and Dried Your Hands? A5 Sticker (HE2022)
- HYG0032 High Five for Clean Hands A2 Poster (HE2021) - shown



## New Free Resources

Please note that only Ministry of Health and CPH resources can be viewed or ordered from our website: [www.cph.co.nz](http://www.cph.co.nz)

With the Ministry of Health taking over the production of the Paradigm breastfeeding resources, several new language variants are now available in addition to those recently revised (Store Only for Health Professionals).

- PAP0112 Breastfeeding and Working - Tongan (HE2108)
- PAP0121 Breastfeeding Your Baby - Tongan (HE2101)
- WOH0103 Breastfeeding Your Baby - Korean (HE2103 - shown)

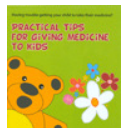


**Take the Time...Value Older People (VIO0010)** is a new addition to the Family Violence: It's Not Ok campaign, and deals with elder abuse.



We also have two new resources from Alcohol Drug Association of NZ, on **Volatile Substances (DRU0038)** and **Parent Information (DRU0039)** which cover drug use and abuse by teenagers.

The Ministry of Health also have a new resource **Hepatitis B Factsheet for people living with chronic infection (MED0064 or HE2111)** and Pharmacist has released a resource **Practical Tips for Giving Medicine to Kids (MED0057 - shown)** for parents and caregivers.



Several replacements have had to be made due to resource unavailability. **Getting 5+ a Day (NUT0046)** has been replaced by **Eat your Colours Every Day - shown**, and BreastScreen Aotearoa's Thermography Position Statement (**WOH0012 or HE1701**) has been replaced by the **Position Statement on Breast Awareness (HE2025)**.



We have now secured some Quit Group resources to replace some deleted smokefree factsheets:

- DRU0036 The Benefits of Quitting Smoking
- DRU0037 Nicotine Replacement

### Ministry of Health Resources for Health Professionals now available online

In response to your feedback, Health Professionals Only resources are now available to order online from the Community and Public Health website. See the special Health Professionals subsection under each of the resource subject headings.

## Revised Resources

The recently rebranded HIV Testing in Pregnancy resource (WOH0006 or HE1901) has been translated into several languages including Te Reo Maori. **These are only available for download from the HealthEd website ([www.healthed.govt.nz](http://www.healthed.govt.nz)).**



The following Ministry resources have also been updated:

- MAH0025 Getting Ready for a Flu Pandemic - Te Reo Maori. Revised May 2009. HE1913.
- MED0010 Getting Ready for a Flu Pandemic...

Revised May 2009. HE1914.

- NUT0100 Everyday Eating for Health. Revised May 2009. HE1333.
- OLP0007 Ageing Well. Revised June 2009. HE1148.

Other resources recently revised include:

- CHH0021 Hygienic Nappy Changing...for ECE
- MNH0015 Understanding Stress
- NUT0041 Food for Sport
- WOH0061 Safe Sex Between Women

## Deleted Resources

The following resources have recently been deleted due to unavailability, some brought about by the current economic situation:

- MEH0011 A Man's Guide to Personal Plumbing
- MNH0032 Step Out of the Blue A2 Poster
- MNI0007 Understanding Mental Illness
- PHY0026 Physical Activity for Mental Wellbeing
- PHY0027 Being Active When You Live with Mental Illness

- SAF0102 Keep Food Safe
- Keep Me Smiling (all language variants)
- I Love My City series of posters

New Dads: For Dads-to-be (MEH0002 - shown) and Life Long Sexuality (OLP0005) are no longer in print, so have been deleted. **However they are available for download from the Family Planning website ([www.familyplanning.org.nz](http://www.familyplanning.org.nz)).**



Visit us at [www.cph.co.nz](http://www.cph.co.nz)!

## Awareness Dates

### October

Breast Cancer Awareness Month

- 1 International Day of Older Persons
- 5-11 Mental Health Awareness Week
- 16 World Food Day
- 17 World Day for the Eradication of Poverty
- 26 Labour Day
- 27 Oct - 2 Nov Blind Appeal Week

### November

5+ A Day Month

- 1-7 Parkinson's Awareness and Appeal Week
- 6 Push Play Day
- 8-14 SunSmart Week
- 9-15 Food Safe Week
- 17-22 Diabetes NZ Awareness and Appeal Week

## Useful Websites

### Mental Health Foundation

[www.mentalhealth.org.nz](http://www.mentalhealth.org.nz)

### Royal Foundation for the Blind

[www.rnzfb.org.nz](http://www.rnzfb.org.nz)

### 5+ A Day

[www.5aday.co.nz](http://www.5aday.co.nz)

### SPARC

[www.sparc.org.nz](http://www.sparc.org.nz)

### Sun Smart

[www.sunsmart.org.nz](http://www.sunsmart.org.nz)

### Food Safe

[www.foodsafe.org.nz](http://www.foodsafe.org.nz)

### Diabetes New Zealand

[www.diabetes.org.nz](http://www.diabetes.org.nz)



## Do You have a Long Overdue Back Order?

If you have a back order for a resource which has been out of stock for over 2 years, you will need to place a new order, as our system doesn't retain information for this long. We apologise for the inconvenience.

From the Community Health Information Centre (CHIC) Staff

Free Health Resources. Supporting active and healthy lifestyles