

Cervical Cancer Vaccine Resources

Late last year, the Ministry of Health released a new wave of resources for the HPV Cervical Cancer vaccination programme. At present, Te Reo Maori, Samoan and Tongan versions are in stock, with other language variants becoming available over the coming months.



Cervical Cancer Vaccine Pamphlet (WOH0027 or HE2012)

- MAH0032 Te Reo Maori (HE2015 - shown)
- PAP0053 Samoan (HE2016)
- PAP0054 Tongan (HE2017)

It Takes Three Resources

There are also a number of **It Takes Three** postcard resources now available, in addition to WOH0025 Join the Fight (HE2011). There are several versions with different multi-cultural imagery (WOH0060 shown). See the website for the full range, with most classified under Women's Health including

those targeted at Asian women, or Maori Health and Pacific Health for specific imagery.



Some of the **It Takes Three** postcard imagery is replicated in a series of promotional posters, which will soon be available. These resources are designed to emphasise the importance of completing the three vaccinations over a six-month period for full protection against HPV.

A further range of posters will also start to be available within the next few months. More resources will be made available between now and April, including consent forms and post vaccination information in a variety of languages.

For more information, please contact CHIC or visit the Community and Public Health website: www.cph.co.nz.

New Free Resources

Please note that only Ministry of Health and CPH resources can be viewed or ordered from our website: www.cph.co.nz

Family Planning have released a new series of small resources called **Only When You're Ready** (SEH0033), designed for use with young adults. A random selection of the 8 variants will be sent when ordered.



In time for summer, is Water Safety New Zealand's **Swim for Life** pamphlet (SAF0013), which details information on their learn to swim programmes as well as some water safety tips.



The Ministry of Health have published a small booklet on Melanoma (SAF0016 or HP4699) which provides information on how to check for this serious skin cancer, which affects an increasing number of New Zealanders.

New BreastScreen Aotearoa resources were released late last year (Store Only for Health Professionals) including WOH0021 **Ductal Carcinoma In Situ** (HE1812)

The popular SKIP magnets (CHH0024) are now available in Te Reo Maori (MAH0034), and a random selection of the four variants will be sent when ordered.



If you have queries about any of the numerous new Ministry of Health resources recently released, e.g. HPV, B4 School Check or Newborn Hearing Tests, please contact us for an update on their status. There have been delays at both our end due to the festive season, as well as at the Ministry.



Has a man you know been for a health check in last two years?
If the answer is no, visit www.menshealthchallenge.org.nz to download the Scorecard to find out if they are at risk of health problems like prostate cancer or diabetes.

Revised Resources

The Ministry of Health has expanded the range of languages for two of its refugee and migrant resources, **Healthy Family Food** (NUT0122) and **Caring for Teeth** (HYG0025 – shown). Available languages include Amharic, Swahili, French, Somali and Lingala, and these resources are only for download from www.healthed.govt.nz.



Diabetes New Zealand has significantly revised their Pre-diabetes resource (MED0117), which is now a DLE pamphlet with a new look to match their other resources.



Family Planning have revised the Condoms pamphlet (SEH0037), which is now called Male Condoms.

One of the Take Time Out magnets (MNH0042) has been revised based on feedback and is shown here. The other two variants are unchanged.



Small revisions have been made to the following Ministry of Health resources:

- DRU0021 When You Drink So Does Your Baby (HE4160)
- SAF0070 Radiofrequency Fields (HE1103)

New Stocklist now available!

Deleted Resources

A significant number of resources have been deleted recently, not all of which are listed here:

- FAI0001 Family Group Conferences
- MAH0087 Type II Diabetes - Te Reo Maori
- MED0154 Streetwise HepC Magazine
- MNH0026 SPIN (shown)
- NUT0025 Quick and Healthy Meal Recipes
- PAP0097 Iron: The Body's Gold - Samoan
- SAF0005 An Introduction to Food Safety Programmes



Visit us at www.cph.co.nz!

Awareness Dates

February 2009 Bikewise Month

9-15	Epilepsy Awareness Week
9-15	Heart Foundation Valentines Heart Week
13-14	Coast to Coast
16-22	IHC Awareness Week
18	Go By Bike Day

March 2009

1	Children's Day
2-6	Feet First Walk to School Week
2-8	Well Child Awareness Week
8	International Women's Day
9-15	Schizophrenia Awareness Week
9-15	National Just Water Week
16-22	Brain Awareness Week
29	City 2 Surf

Useful Websites

- BikeWise**
www.bikewise.co.nz
- Epilepsy New Zealand**
www.epilepsy.org.nz
- Heart Foundation**
www.nhf.org.nz
- Children's Day**
www.childrensday.org.nz
- Schizophrenia Fellowship**
www.sfnat.org.nz
- New Zealand Kidney Foundation**
www.kidneys.co.nz
- Neurological Foundation of NZ**
www.neurological.org.nz



Visit the new Community and Public Health website from Feb 1st

We have worked to improve the online ordering system, which should now be easier to use. Some resources have been reclassified and the posters are now listed with the other resources.

From the Community Health Information Centre (CHIC) Staff: Sue, Lesley and Claire
Free Health Resources. Supporting active and healthy lifestyles